

Alagappa University

State University/ A+ Grade by NAAC (CGPA: 3.64)/ A+ Grade by NAAC(CGPA:3.64) in the 3rd Cycle/ Category -I University by MHRD-UGC

Regulations, Course Structure and Syllabus

For the candidates admitted from the year 2023 -2024 onwards

Program:

MSW

(Specialization in Medical and Psychiatric Social Work and Human Resources Management)

COURSE REGULATIONS

Name of the Institution: MS Chellamuthu Institute of Mental Health and Rehabilitation Mission

of the Institution:

Develop competent, confident and compassionate mental health professionals to lead the mental health care movement in India.

Name of the Subject Discipline: Masters in Social Work with specialization in Medical and Psychiatric Social Work and Human Resource Management

Programme of Level:

1. Choice-Based Credit System

A Choice-Based Credit System is a flexible system of learning. This system allows students to gain knowledge at their tempo. Students shall decide on electives from a wide range of elective courses offered by the Departments/institutions in consultation with the committee. Students undergo additional courses and acquire more than the required number of credits. They can also adopt an inter-disciplinary and intra-disciplinary approach to learning, and make the best use of the expertise of available faculty.

2. Programme:

"Programme" means a course of study leading to the award of a degree in a discipline. MSW is a postgraduate programme and the duration is two years spread over four semesters.

3. Courses:

'Course' is a component (a paper) of a programme. Each course offered by the Department is identified by a unique course code. A course contains lectures/ tutorials/laboratory work/seminars/project work / practical training/report writing /Viva- voce, etc, or a combination of these, to meet effective teaching and learning needs.

4. Credits

The term "Credit" refers to the weightage given to a course, usually about the instructional hours assigned to it. Normally in each of the course's credits will be assigned based on the number of lectures/tutorials/laboratory and other forms of learning required to complete the course contents in a 15-week schedule. One credit is equal to one hour of lecture per week. For laboratory/field work one credit is equal to two hours.

5. Semesters

An academic year is divided into two Semesters. In each semester, courses are offered in a minimum of 15 teaching weeks and the remaining 3-5 weeks are to be utilized for conduct of examination and evaluation purposes. Each week has 30 working hours spread over 5 days a week.

6. Departmental/institutional committee

The Departmental/Institutional Committee consists of the faculty of the Department/institution. The committee shall be responsible for admission to all the programmes offered by the Department including the conduct of entrance tests, verification of records, admission, and evaluation. The committee determines the deliberation of courses and specifies the allocation of credits semester-wise and course- wise. For each course, it will also identify the number of credits for lectures, tutorials, practicals, seminars, etc. The courses (Core/Discipline Specific Elective/Non-Major Elective) are designed by teachers and approved by the Committees. Courses approved by the committees shall be approved by the Board of Studies.

A teacher offering a course will also be responsible for maintaining attendance and performance sheets (CIA -I, CIA-II, assignments, and seminar) of all the students registered for the course.

The department coordinators for Non-major elective (NME) and MOOCs (SLC) courses are responsible to submit the performance sheet to the Head of the department. The Head of the Department consolidates all such performance sheets of courses offered by the department and forward the same to be Controller of Examinations.

7. Programme Education Objectives- (PEO)

PGO - 1	Understand the scope and importance of social work.	
PGO - 2 Understand the methods and different models in social work.		
PGO - 3	PGO - 3 Develop the required competence to practice social work in different settings.	
PGO - 4 Explore opportunities to practice social work in different settings.		
PGO - 5	Become an agent of change by developing solution and resource-focused perspectives.	

8. Programme Specific Objectives-(PSO)

PSO - 1	Understand social work as a profession that empowers people.	
PSO - 2 Practice social work by developing the necessary competence.		
PSO - 3	PSO - 3 Imbibe and practice the value of compassion and the importance of connectedness.	
PSO - 4	PSO - 4 Embrace change and diversity and work towards transformation.	
PSO - 5	Be fair and ethical in words and actions.	

9. Programme Outcome-(PO)

By completing the program, students will have:

PO - 1	Understood and acquired the fundamental knowledge of social work.	
PO - 2	Analyzed the field scenario and understood the scope of the practice of social work	
PO - 3	Understood the complexities in social life and developed solution-focused thinking.	
PO - 4	Developed the skills relating to the methods of social work and use these skills to investigate and develop a holistic understanding of problems	
PO - 5	Strengthened their psychosocial competence and use this competence to bring change.	
PO - 6	Become senstive to the cultural diversity that exists in the society and leverage the diversity to transform society.	
PO - 7	Imbibed the value of compassion towards people and the environment.	
PO - 8	Understood the value of ethical practices in establishing professional credibility.	
PO - 9	Become creative in designing protocols to use the collective intelligence of the team/community.	
PO - 10	Developed competence in communication and use this competence to influence people in administration and the community	

10. Programme Specific Outcome-(PSO)

By completing the program, students will be able to:

PO - 1	Appreciate Social Work as a tool to empower people and communities.	
PO - 2	2 Explore and find the scope to practice social work in different settings.	
PO - 3	PO - 3 Apply the social work competence and demonstrate changes.	
PO - 4	PO - 4 Be sensitive to cultural diversity and embrace the same.	
PO - 5 Uphold the highest ethical standards in social work practice.		

11. Eligibility for admission

A candidate who has passed any UG degree from any University/college shall be permitted to appear and qualify for the program.

12. Minimum Duration of Programme

The programme is for two years. Each year shall consist of two semesters viz. Odd and Even

semesters. Odd semesters shall be from June / July to October / November and even semesters shall be from November / December to April / May. In each semester, there shall be 90 working days consisting of 6 teaching hours per working day (5 days/week).

13. Medium of instruction

The medium of instruction is English.

14. Teaching Methods

The classroom teaching would be through conventional lectures, the use of OHP, PowerPoint presentation, and novel innovative teaching ideas like television, smart board, and computer- aided instructions. Periodic field visit enables the student for gathering practical experience and up-to-date industrial scenario. Student seminars would be arranged to improve their communicative skills.

The periodic test will be conducted for students to assess their knowledge. Slow learners would be identified and will be given special attention by remedial coaching. Major and electives would be held in the Department and for Non-major electives students have to undertake other subjects offered by other departments.

15. Components

A PG programme consists of several courses. The term "course" is applied to indicate a logical part of the subject matter of the programme and is invariably equivalent to the subject matter of a "paper" in the conventional sense. The following are the various categories of the courses suggested for the PG programmes:

Core courses (CC) - "Core Papers" means "the core courses" related to the programme concerned including practicals and project work offered under the programme and shall cover core competency, critical thinking, analytical reasoning, and research skill.

Generic Elective (Allied) - Within the faculty, the students shall undergo two discipline-specific allied courses (one in the first year and another in the second year of his/her study except for computer application).

Discipline-Specific Electives (DSE) - means the courses offered under the programme related to the major but are to be selected by the students, shall cover additional academic knowledge, critical thinking, and analytical reasoning.

Non-Major Electives (NME) - Exposure beyond the discipline.

Self-Learning Courses from MOOCs platforms.

- MOOCs shall be voluntary for the students.
- Students have to undergo a total of 2 Self Learning Courses (MOOCs) one in II semester and another in III semester.
- The actual credits earned through MOOCs shall be transferred to the credit plan of programmes as extra credits. Otherwise, 2 credits/course be given if the Self Learning Course (MOOC) is without credit.
- While selecting the MOOCs, preference shall be given to the course related to employability skills.

Dissertation (Maximum Marks: 200)

The candidate shall undergo Dissertation Work during the fourth semester. The candidate should prepare a scheme of work for the dissertation and should get approval from the guide. The candidate, after completing the dissertation, shall be allowed to submit it to the departments at the end of the final semester.

The format to be followed for the dissertation by the student is given below

- Title page
- Certificate
- Acknowledgment

Content as follows:

Chapter No.	Title	Page No.
1	Introduction	
2	Aim and objectives	
3	Review of Literature	
4	Materials and Methods	
5	Results	
6	Discussion	
7	Summary and Conclusion	
8	References	

Format of the title page

Title of Dissertation

Dissertation submitted in partial fulfillment of the requirement for the degree of of
in —to the —
By (Student Name)
(Register Number)
Logo
Department of
Name and Address of the institute
(Year)

Format of certificates

Certificate (Guide)

This is to certify that the Dissertation entitled " submitted by Mr/Mr by Mr/	iss
carried out by him/her in the Department of,	any
Research Supervi	isor
Place:	
Date:	
Certificate (HOD)	
This is to certify that the thesis entitled "" "submitted by Mr/M (Reg No:) to the, in partial fulfilment for the award of the deg of is a bonafide record of research work done under the supervision Dr, Assistant Professor, Department of,	ree of This the
Head of the Departm	ient
Place:	
Date:	
Declaration (student)	
I hereby declare that the dissertation entitled " " submitted to to the submitted of the degree of in has been carried out by a under the guidance of Dr, Assistant Professor, Department of	me ,
(_)
Place:	
Date:	

F. Internship

The students shall undergo Internship /industrial training in reputed organizations minimum of two weeks to acquire industrial knowledge during the summer vacation of the second semester. The student has to find an industry related to their discipline (Public Limited/Private Limited/owner/NGOs etc.,) in consultation with the faculty in charge/Mentor and get approval from the Head of the Department and Departmental Committee before going for an internship / industrial training.

Format to be followed for Internship report

The format /certificate for the internship repor	t to be followed by the student is given below
	Title page

The format /certificate for the internship report to be followed by the student is given below
Title page
Title of internship report
rtial fulfilment of the requirement for the of degree
In
Ву
(Student Name)
(Register Number)
University Logo
Department of
Institute name & address
(Year)
Format of certificate (Faculty in charge)
This is to certify that the report entitled "" "submitted to in partial fulfilment for the of in by Mr/Miss
(Reg No) under my supervision. This is based on the work carried out by him/her in the organization M/S This Internship report or any part of this work has not been submitted elsewhere for any other degree, diploma, fellowship, or any other similar record of any University or Institution.
Research Supervisor
Place:
Date:

(HOD)

This is to certify that the Internship report entitled "" "su(Reg No:, in partial fu	•
the of Science in is a bonafide record of the Internship supervision of, Assistant Professor, Department of	report done under the
the work carried out by him/her in the organization M/Scertify that the thesis or any part thereof has not formed the basis of the awadegree, diploma, fellowship, or any other similar title of any University or Institute of the control of the same degree, diploma, fellowship, or any other similar title of the control of the con	ard to the student of any
	Head of the Department
Place:	
Date:	
(Student Declaration)	
I hereby declare that the Internship Report entitled "	by me under the,,
for the period of and has not previously formed the any degree, diploma, associateship, fellowship, or any other similar title of any Institution.	
	()
Place:	
Date:	

Acknowledgment, Content as follows:

Chapter No.	Title	Page No.
1	Introduction	
2	Aim and objectives	
3	Organization profile/details	
4	Methods / Work	
5	Observation and knowledge gained	
6	Summary and outcome of the Internship study	
7	References	

No. of copies of the dissertation/internship report

The candidate should prepare three copies of the dissertation/report and submit the same for the evaluation of examiners. After evaluation, one copy will be retained in the department library, one copy will be retained by the guide and the student shall hold one copy.

Attendance

Students must have earned 75% of attendance in each course for appearing on the examination. Students who have earned 74% to 70% of attendance need to apply for condonation in the prescribed form with the prescribed fee. Students who have earned 69% to 60% of attendance need to apply for condonation in the prescribed form with the prescribed fee along with the Medical Certificate. Students who have below 60% of attendance are not eligible to appear for the End Semester Examination (ESE). They shall re-do the semester(s) after completion of the programme.

Examination

The examinations shall be conducted separately for theory and practicals to assess (remembering, understanding, applying, analyzing, evaluating, and creating) the knowledge required during the study. There shall be two systems of examinations viz., internal and external examinations. The internal examinations shall be conducted as Continuous Internal Assessment tests I and II (CIA Test I & II).

A. Internal Assessment

The internal assessment shall comprise a maximum of 25 marks for each course. The following procedure shall be followed for awarding internal marks.

Theory - 25 marks

Sr. No.	Content	Marks
1	Average marks of two CIA test	15
2	Seminar/ Group Discussion/ Quiz, etc.,	5
3	Assignment/ Field trip report/ case study reports	5
	Total	25

Practical - 25 marks

Sr. No.	Content	Marks
1	Average marks of two CIA tests (Practical) Experiments –Major, Minor, and Spotter	15
2	Observation notebook	10

Internship - 25 marks (assess by Guide/In charge/HOD/supervisor)

Sr. No.	Content	Marks
1	Presentation	15
2	Progress report	10
	Total	25

Dissertation - 25 marks (Guide/HOD)

Sr. No.	Content	Marks
1	Two Presentations (mid - term)	15
2	Progress report	20
	Total	25

B. External Examination

- There shall be examinations at the end of each semester, for odd semesters in October / November; for even semesters in April / May.
- A candidate who does not pass the examination in any course(s) may be permitted to appear in such failed course(s) in the subsequent examinations to be held in October / November or April / May. However, candidates who have arrears in practical shall be permitted to take their arrear Practical examination only along with regular practical examination in the respective semester.
- A candidate should get registered for the first-semester examination. If registration is not
 possible owing to a shortage of attendance beyond the condonation limit / regulation
 prescribed OR belated joining OR on medical grounds, the candidates are permitted to move
 to the next semester. Such candidates shall re-do the missed semester after completion of the
 programme.
- For the Dissertation Work, the maximum marks will be 25 marks for thesis evaluation and the Viva-Voce 50 marks.
- For the internship, the maximum mark will be 25 marks for project report evaluation and for the Viva-Voce it is 50 marks.
- Viva-Voce: Each candidate shall be required to appear for the Viva-Voce Examination (in defense of the Dissertation Work/internship).

C. Scheme of External examination (Question paper pattern)

Theory - Maximum 75 Marks

Section A	10 questions. All questions carry equal marks. (Objective-type questions)	10 x 1 = 10	10 questions – 2 each from every unit
Section B	5 questions Either/or type like 1. a (or) b. All questions carry equal marks and each answer should not exceed one page or 250 words.	5 x 5 = 25	5 questions – 1 each from every unit
Section C	Essay type questions Either/or type like 1. a (or) b. All questions carry equal marks and each answer should not exceed two page.	5 x 8 = 40	Should cover all units

Dissertation

Dissertation Thesis	25 Marks		
Viva Voce	50 Marks		

Internship (Semester IV)

Internship Report	25 Marks
Viva Voce	50 Marks

Passing minimum

- A candidate shall be declared to have passed each course if he/she secures not less than 40% marks in the End Semester Examinations and 40% marks in the Internal Assessment and not less than 40% for UG and PG 50% in the aggregate, taking Continuous assessment and End Semester Examinations marks together.
- The candidates not obtained 50% in the Internal Assessment are permitted to improve their Internal Assessment marks in the subsequent semesters (2 chances will be given) by writing the CIA tests and by submitting assignments.
- Candidates, who have secured the pass marks in the End-Semester Examination and the CIA but failed to secure the aggregate minimum pass mark (E.S.E + C I.A), are permitted to improve their Internal Assessment mark in the following semester and/or in University examinations.
- A candidate shall be declared to have passed the Project Work if he /she gets not less than 40% in each of the Project Report and Viva-Voce and not less than 40 % UG and in PG 50% in the aggregate of both the marks for Project Report and Viva-Voce.

COURSE STRUCTURE

MSW

(Specialization in Medical and Psychiatric Social Work and Human Resources Management)

I Semester

Sr. No	Course Code		Title of the Paper	T/ P	Credits	Hours/ Week	Marks		SS
			I Semester				I	Е	Total
1	86311	Core 1	Introduction to Professional Social Work	Т	4	4	25	75	100
2	86312	Core 2	Sociology for Social Work practice	Т	4	4	25	75	100
3	86313	Core 3	Psychology for Social Work practice	Т	4	4	25	75	100
4	86314	Core 4	Social Work practice with Individuals	Т	4	4	25	75	100
5	86315	Core 5	Social Work practice with Groups	Т	4	4	25	75	100
6	86316	DSE -1	Life Skills Education	Т	2	2	25	75	100
7	86317	Field Obse	ervation Visits	P	3	6	25	75	100
		Library				2			
					25	30	175	525	700
			II Semes	ter					
8		Core 6	Community Organization and Social action	Т	4	4	25	75	100
9		Core 7	Social Work Administration	Т	4	4	25	75	100
10		Core 8	Environmental Social Work	T	4	4	25	75	100
			Specialisation: Medical & Ps	ychia	tric Social V	Work*			
11		DSE - 2	Introduction to Medical Social Work	Т	4	4	25	75	100
12		DSE - 3	Introduction to Psychopathology	Т	4	4	25	75	100

		Specialisation: Human Re	source	e Manageme	ent*			
11	DSE - 2	Human Resource Management	Т	4	4	25	75	100
12	DSE - 3	Organizational Behaviour and Development	Т	4	4	25	75	100
13	DSE- 4	Workplace Wellness	Т	2	2	25	75	100
14	NME	Social Marketing	Т	2	2	25	75	100
15	Internship		P	3	6	25	75	100
	Self-learn	ing course(SLC) - MOOCs**	Т	Extra Cred	lit (2)			
•	•			27	30	200	600	800
		III Semester			•		•	
16	Core 9	Social Work Research and Statistics	T	4	4	25	75	100
17	Core 10	Disaster Management	Т	4	4	25	75	100
18	Core 11	Social Legislation	Т	4	4	25	75	100
	•	Specialisation: Medical & Ps	sychia	tric Social V	Vork*			
19	DSE - 5	Introduction to Psychiatric Social Work	Т	4	4	25	75	100
20	DSE - 6	Fundamentals of Counseling	Т	4	4	25	75	100
	•	Specialisation: Human Re	source	Manageme	ent*			
19	DSE - 5	Training and Development	Т	4	4	25	75	100
20	DSE - 6	Labour Legislation	Т	4	4	25	75	100
21	DSE-7	Trauma Management	Т	2	2	25	75	100
22	NME	Community Mental Health	Т	2	2	25	75	100
23	Internship		P	3	6	25	75	100
	Self-learn	ing course(SLC) - MOOCs**	Т	Extra Cred	lit (2)			
	•			27	30	200	600	800
		IV Semester	•	•	•	_	•	
24	Core 12	Internship	P	8	16	25	75	100
25	Core 13	Dissertation	P	7	14	25	75	100
•	7	Total		15	30	50	150	200

	90+ (94) (4 Extra Credits)	120	625	1875	2500

^{*} Students need to choose either one of these specializations: Medical and Psychiatric Social Work or Human Resource Management.

Approved by the BOS conducted on 12.08.2023.

SYLLABUS

I - SEMESTER									
Course Code	Core 1: Introduction to Professional T Credits:4 H Social Work W								
Objectives	 To understand the basic concepts of social work. To gain an understanding of the competencies required to practice social work. To analyze the various models in the field of social work. To develop an understanding of the application of social work in different settings. To understand the impact of social reformers and welfare initiatives in India. 								
Unit - I	- History Social W Security,	York: Definition, Objectives, characteristics, and of Social Work in India, Evolution of social work. Concepts related to Social Work: Social Ser Social Defense, Social Transformation, Social ants, Social Action, Social Development, and Social Social Social Action, Social Development, and Social Soci	ork in the vice, So Justice,	e West. Concept o cial Welfare, Soci Social Reforms, S	f International al Policy, Social				
Unit - II	Social Work as a Profession: Nature, Philosophy, Values, and Principles. Code of ethics for Indian Social Workers towards clients, colleagues, agency, and as professionals - Introduction to Social Work Methods. Competencies of Professional Social Workers-International & National Associations of Social Work – Problems of professionalization in India - Networks in Social Work.								
Unit - III	Theories and Models of Social Work: Meaning and definition of theory, model. paradigm and approaches. Need and importance of theories in Social Work, Major Theories in Social Work: Systems Theory, Psychodynamic Theory, Social Learning Theory, and Conflict Theory. Humanistic theory, and rational choice theory. Models of Social Work - Problem-Solving Model, Cognitive Behavior Model, Crisis Intervention Model, Remedial, preventive, and Developmental models,								
Unit - IV	Fields of Social Work: Social Work with Community (Rural, Urban, and Tribal), Medical and Psychiatric Social Work, Industrial Social Work, Social Work with Family and Children, School Social Work, Correctional Social Work, Social Work with Youth, Working with Marginalized Groups, Geriatric Social Work.								
Unit - V	Sarojini M Phule. M	eformers, Social Movements and Welfare Pro Naidu, EVR Periyar, Gandhiji, Vinoba Bhave, N ehta Padkar- Contemporary Social Reforms in I eent of India.	Jarayana	a Guru, and Jyotira	ao Govindrao				

References and Text Books:

- Bhattacharya, Sanjay. 2008. Social Work Psycho- Social and Health Aspects. Deep and Deep publications. New Delhi.
- Chowdhry, Paul. 1992. Introduction to Social Work. Atma Ram and Sons. New Delhi.
- Dean.H. Hepworth, Ronald, H. Rooney, Glenda Dewberry Ronney, Kimberly StromGottfried, Jo Ann Larsen, 2010, Theory and Skills in Social Work, Cengage Learning India Pvt Ltd, New Delhi
- Elizabeth A. Seyal, 2010 Professional Social Work, Cengage Learning India Pvt Ltd, Delhi
- Ghanshyam Shah (2004), Social Movements in India a Review of Literature, Sage Publications, New DelhiState Integrated Board of Studies Social Work PG8
- Godwin Prem Singh J, 2009, Millennium Development Goals, Allied Publishers Pvt. Ltd, Mumbai

Web Resources:

Important Social Work Theories & Practice Models | SocialWorkGuide.org

Global Definition of Social Work – International Federation of Social Workers (ifsw.org) Social Reformers of India and their contributions (indiacelebrating.com)

On completion of the course, students will have

CO1	Understood the concept and evolution of social work and related components.	K2
CO2	Understood social work methods and competencies of professional social workers.	K2
CO3	Understood and analyzed the various models of social work	K2, K4
CO4	Application of social work method in different fields	K3
CO5	Understood and analyzed the contribution of social reforms	K2, K4

Mapping Course Outcome vs Programme Outcomes

СО	PO1	PO2	PO3	PO4	PO5	PO6	PO7	PO8	PO9	PO10
CO1	S (3)	S (3)	S (3)	L(1)	L(1)	M (2)	M (2)	S (3)	S (3)	L(1)
CO2	S (3)	S (3)	S (3)	L(1)	L(1)	M (2)	M (2)	S (3)	S (3)	L(1)
CO3	S (3)	S (3)	S (3)	M (2)	M (2)	L(1)	M (2)	M (2)	L(1)	M (2)
CO4	L(1)	L(1)	L(1)	S (3)	S (3)	L(1)	L(1)	L(1)	L(1)	S (3)
CO5	S (3)	S (3)	S (3)	M (2)	M (2)	L(1)	M (2)	M (2)	L(1)	M (2)
W.Av	2.6	2.6	2.6	9	1.8	1.4	1.8	2.2	1.8	1.8

СО	PSO1	PSO2	PSO3	PSO4	PSO5
CO1	S (3)	L(1)	L(1)	L(1)	L(1)
CO2	S (3)	S (3)	L(1)	L(1)	S (3)
CO3	S (3)	M (2)	M (2)	M (2)	M (2)
CO4	L(1)	S (3)	S (3)	M (2)	M (2)
CO5	S (3)	M (2)	M (2)	M (2)	M (2)
W.Av	2.6	2.2	1.8	1.6	2

		I - SEMESTER							
Course Code	Core 2: Sociology for Social Work Practice T Credits:				Hours/ Week: 4				
Objectives	2. To ou 3. To de chang 4. To de	 To outline the socialization process and the agents of social control. To describe the theories of social change and the factors that causes resistance to social change. To define social movements and outline the major social movements in India. 							
Unit - I	Social Associations of S	efinition, Nature and Importance, Characteristics iation and Social Institution, Social organization Social Institutions - marriage, family, kinship, caology & Social Work.	, Social	Structure, Social	System and				
Unit - II		Process and agents. Social control: Concept, ty hip, Religion, Law, Education, Traditions, and C	•	· ·	Agents of Social				
Unit - III	Industrializat	ge: Meaning, Theories, Factors, Process of Socion, Westernization, Sanskritisation, Secularization and Ethnocentrism. Social change in India.	ation. F	•					
Unit - IV	social movem	Social Movements in India: Social Movements: Meaning, Cause, Types, Characteristics, Process of social movements, Major Social movements in India- Narmadha Bacho Andolan, Peasant, Tribal, Dalits, Backward Class, Women, Minority groups, Terrorism, Religious movements, Working Classand Student.							
Unit - V	environmenta women, child	ems: meaning, causes and consequences. General degradation, population, unemployment, poveren, weaker sections, marginalized and elderly. I zation, globalization and privatization. Legislati	erty, illit Develop	eracy. Problems fa omental issues —iss	aced by sues arising				

References and Text Books:

- Anthony Giddens, 1998, Sociology(Third), Polity Press, London
- Jainendra Kumar Jha, 2002, Basic Principles Of Developmental Sociology, Anmol Publications, New Delhi.
- Richard T.Schaefer & Robert. P.Lamm., (1995), Sociology, Mc.Graw Hill Inc. New York
- Sahu D.R., 2012, Sociology Of Social Movement, Sage Publications, New Delhi
- Shanger Rao C. N, 2012, Sociology Principles Of Sociology With An Introduction To Social Thought, S Chand And Company, New Delhi
- Thara Bhai L., 2012, Indian Sociology Issues and Challenges, Sage Publications, New Delhi

Web Resources:

1.1 What Is Sociology? - Introduction to Siology 3e | OpenStax Chapter 5. Socialization - Introduction to Sociology - 1st Canadian Edition (opentextbc.ca) Social change | Definition, Types, Theories, Causes, & Examples | Britannica

On completion of the course, students will have

CO1	Understood the linkages between sociology and social work.	K2
CO2	Understood socialization and analyze the methods of social control.	K2
CO3	Understood the process of social change and analyze the factors that resist change.	K2,K3
CO4	Understood the concept of social movements and critically examine the various social movements.	K2,K3
CO5	Examine the causes and consequences of social problems.	K3,K4

Mapping Course Outcome vs Programme Outcomes

CO	PO1	PO2	PO3	PO4	PO5	PO6	PO7	PO8	PO9	PO10
CO1	S (3)	S (3)	S (3)	L(1)	L(1)	M (2)	M (2)	S (3)	S (3)	L(1)
CO2	S (3)	S (3)	S (3)	L(1)	L(1)	M (2)	M (2)	S (3)	S (3)	L(1)
CO3	S (3)	S (3)	S (3)	M (2)	M (2)	L(1)	M (2)	M (2)	L(1)	M (2)
CO4	L(1)	L(1)	L(1)	S (3)	S (3)	L(1)	L(1)	L(1)	L(1)	S (3)
CO5	S (3)	S (3)	S (3)	M (2)	M (2)	L(1)	M (2)	M (2)	L(1)	M (2)
W.Av	2.6	2.6	2.6	1.8	1	1.4	1.8	2.2	1.8	1.8

CO	PSO1	PSO2	PSO3	PSO4	PSO5
CO1	S (3)	L(1)	L(1)	L(1)	L(1)
CO2	S (3)	M (2)	M (2)	M (2)	M (2)
CO3	S (3)	M (2)	M (2)	M (2)	M (2)
CO4	S (3)	M (2)	M (2)	M (2)	M (2)
CO5	L(1)	S (3)	S (3)	S (3)	M (2)
W.Av	2.6	2	2	2	1.8

		I - SEMESTER					
Course Code	Core 3: Psychology for Social Work practice T Credits: 4 Hours/ W						
Objectives	2. To a 3. To a 4. To a	understand the fundamental concepts of psychological define human behaviour and analyze the factors distinguish the different stages of development. understand the basics of abnormal behaviour. describe the concepts and theories of learning, ning.	that inf	luence behaviours			
Unit - I	of psycholo Psychology	Definition, goals, and its importance and role gy. A brief introduction on Schools of thought, Behaviorism, Psychoanalysis, Humanistic Psychopment - Social, emotional, cognitive and physical p	: Structi ycholog	uralism and Funct y, Cognitive Psyc	ionalism, Gestalt hology. Areas of		
Unit - II	Psychologic	f Human Behaviour-Definition, types of cal Processes in Behaviour: Needs and molearning and motivation. Factors Influent.	otives, (Cognition, Memo	ory, Intelligence,		
Unit - III	–Developmende middle age	nt: concept and principles, Development ental periods – infancy, babyhood, childhood, and old age, Areas of Human Development rowth. Theories – Cognitive Development – Pia	puberty – Physi	and adolescence, cal, Social, Emot	early adulthood, ional, Moral and		
Unit - IV	Diseases (I	Abnormal Psychology : Concepts of normality and abnormality. International Classification of Diseases (ICD): Neurosis & Psychosis. An introduction to various disorders - mood, personality, anxiety disorders.					
Unit - V	characteristic factors infl Psychologic	Concept, theories and assessment. Motivices of motives, Theories of motivation. Personality and structure, Theories and Counseling and Psychological Testing: IQuept of Psychometrics and Testing.	sonality: s of P	Meaning, Definersonality. Interv	ition, types and ention methods:		

References and Text Books:

- Abril Lal Mukherjee, 2015, A Textbook Of Cognitive Psychology, Rajat Publications, New Delhi
- Anuratha Ngangom, 2012, Research Methodalogy In Psycology, Maxford Books, New Delhi
- Daine E Papalia And Sally Wendkos Olds And Ruth Duskin Feldman, 2004, Human Development(Ninth), Tata Mcgraw-Hill, New Delhi
- Dennis Coon (1977), Introduction to Psychology, Exploration and Application, Watts & Company.
- Elizabeth B Hurlock, 2009, Development Psychology (Fifth), Tata Mcgraw-Hill, New Delhi
- Morgan and King (1979), Introduction to Psychology, 6th edition, 1979, McGraw Hill.

Web Resources:

Schools of Psychology: The 7 Main Schools of Thought (verywellmind.com)

Human behavior | Definition, Theories, Characteristics, Examples, Types, & Facts | Britannica

Developmental Psychology: Definition, Stages, and Issues (verywellmind.com)

On completion of the course, students will have

CO1	Understood the fundamental concepts in psychology.	K1, K2
CO2	Understood the basics of human behaviour.	K1, K2
CO3	Acquired knowledge about the psychosocial development of humans.	K1, K2
CO4	Acquire knowledge about the basics of abnormal psychology.	K1, K2
CO5	To understand concepts related to learning, personality and motivation and to develop the skills to use psychological assessments.	K1, K2, K3

Mapping Course Outcome vs Programme Outcomes

со	PO1	PO2	PO3	PO4	PO5	PO6	PO7	PO8	PO9	PO10
CO1	S(3)	S(3)	S(3)	L(1)	L(1)	M(2)	M(2)	L(1)	L(1)	L(1)
CO2	S(3)	S(3)	S(3)	L(1)	L(1)	M(2)	M(2)	L(1)	L(1)	L(1)
CO3	S(3)	S(3)	S(3)	L(1)	L(1)	M(2)	M(2)	L(1)	L(1)	L(1)
CO4	S(3)	S(3)	S(3)	L(1)	L(1)	M(2)	L(1)	L(1)	L(1)	L(1)
CO5	S(3)	S(3)	S(3)	S(3)	M(2)	M(2)	M(2)	L(1)	L(1)	M(2)
W.Av	3	3	3	1.4	1.2	2	1.8	1	1	1.2

CO	PSO1	PSO2	PSO3	PSO4	PSO5
CO1	S(3)	L(1)	L(1)	M(2)	L(1)
CO2	S(3)	L(1)	L(1)	M(2)	L(1)
CO3	S(3)	L(1)	L(1)	M(2)	L(1)
CO4	S(3)	L(1)	L(1)	L(1)	L(1)
CO5	S(3)	M(2)	S(3)	M(2)	L(1)
W.Av	3	1.2	1.4	1.8	1

		I - SEMESTER							
Course Code	Core 4: Social Work Practice with T Credits: 4 H Individuals								
Objectives	 To de To de To ur 	nderstand the fundamentals of social case work evelop the skills and knowledge related to casew escribe the skills required to build a client relation derstand the various models used in casework practice the techniques required in casework.	vork. onship.						
Unit - I	Casework. Ol Individualiza Non-judgmer (Perlman's m	Social Casework: Concept & Definition, Nature and Scope. Historical development of Social Casework. Objectives of working with individuals. Values and Principles of social casework practice: Individualization, Purposeful expression of feelings, controlled emotional involvement, Acceptance, Non-judgmental attitude, Client self-determination and Confidentiality. Components of Casework (Perlman's model)-Person, Problem, Place and Process, socio-cultural factors affecting the Case Work practice in India; relationship with other methods of social work.							
Unit - II	interviewing)	rocess: Intake: Study: Interviewing (types, purp, Home visits, Collateral contacts Assessment/Seatment/ Intervention, Evaluation, Termination.	Social Di						
Unit - III	empathy, non	r: Client Relationship: Meaning, purpose and C-possessive warmth, genuineness and self-discleransference, Counter transference and Resista	osure; O						
Unit - IV	Problem Solv Working with	Casework Practice: Approaches and Models - Psycho Social approach, Person Centered Approach, Problem Solving Approach and Crisis Intervention Model. Relevance of an Eclectic approach. Working with Individuals in different settings: Educational, Family and Child Welfare, Medical and psychiatric, Correctional and Industrial setting.							
Unit - V	environment communication	In practice: Ventilation, emotional support, act modification, modeling, role-playing and confron, rapport building, questioning, giving feedbacess and Summary recording. Use of Genograd development tool. Casework in various setting.	ontation. ack. Rec	Tools - Observati ord keeping – Fac	on, listening, e sheet,				

References and Text Books:

- Anthony Giddens, 1998, Sociology(Third), Polity Press, London
- Jainendra Kumar Jha, 2002, Basic Principles Of Developmental Sociology, Anmol Publications, New Delhi
- Richard T.Schaefer & Robert. P.Lamm., (1995), Sociology, Mc.Graw Hill Inc. New York
- Sahu D.R., 2012, Sociology Of Social Movement, Sage Publications, New Delhi
- Shanger Rao C. N, 2012, Sociology Principles Of Sociology With An Introduction To Social Thought, S Chand And Company, New Delhi
- Thara Bhai L., 2012, Indian Sociology Issues and Challenges, Sage Publications, New Delhi

Web Resources:

Social case work:Meaning.concept and definition (socialworkin.com)
https://www.socialworkin.com/2021/12/5-phases-of-social-case-work-process.html
5 approaches of social case work (socialworkin.com)

On completion of the course, students will have

CO1	Understood the fundamentals of social casework.	K1, K2
CO2	Understood the process and methods involved in casework	K1, K2, K3
CO3	Understood the various dynamics involved in the relationship between the caseworker and the client	K1,K2
CO4	Understood the various models used in casework practice and the application of casework in different settings	K1,K2
CO5	Learnt the various skills used by caseworkers in practice	K1,K2, K3

Mapping Course Outcome vs Programme Outcomes

CO	PO1	PO2	PO3	PO4	PO5	PO6	PO7	PO8	PO9	PO10
CO1	S(3)	S(3)	S(3)	L(1)	L(1)	M(2)	M(2)	L(1)	L(1)	L(1)
CO2	S(3)	S(3)	S(3)	M(2)	L(1)	M(2)	M(2)	M(2)	L(1)	L(1)
CO3	S(3)	S(3)	S(3)	M(2)	L(1)	M(2)	M(2)	M(2)	L(1)	L(1)
CO4	S(3)	S(3)	S(3)	L(1)	L(1)	M(2)	M(2)	L(1)	L(1)	M(2)
CO5	S(3)	S(3)	S(3)	S(3)	M(2)	M(2)	L(1)	L(1)	L(1)	M(2)
W.Av	3	3	3	1.8	1.2	2	1.8	1.4	1	1.4

СО	PSO1	PSO2	PSO3	PSO4	PSO5
CO1	S(3)	L(1)	L(1)	M(2)	S(3)
CO2	S(3)	M(2)	L(1)	L(1)	M(2)
CO3	S(3)	M(2)	M(2)	S(3)	S(3)
CO4	S(3)	L(1)	L(1)	M(2)	L(1)
CO5	S(3)	M(2)	M(2)	M(2)	L(1)
W.Av	3	1.6	1.4	2	2

		I - SEMESTER						
Course Code	Core 5: Social Work Practice with Groups T Credits: 4							
Objectives	2. To 3. To 3. 4. To 3.	gain knowledge about the primary method of so understand the techniques and approaches of so gain Group work process knowledge and proces understand various models and its core principle develop the competence to practice Social Group	cial wor ss compe es.	k practice with groetence.	oups.			
Unit - I	importance Performing, Assumption	of Social Group Work: Concept of group, type of groups in human life cycle; Group Formati Adjourning, Group as an Instrument of Cos, Principles, values and Characteristics of social work. Group work as a method of Social work.	on Phas Change; cial grou	ses: Forming- Stor Social Group W up work; History &	rming, Norming, Vork: Definition, and development			
Unit - II	Process: bo group. Lead	namics - definition, functions and basic assumpt nd, acceptance, isolation, rejection, sub-group dership in group: definition, functions, qualities ation within groups. Sociometry and Sociogram	format of leade	ion, clique, and no	ewcomers in the			
Unit - III	members, p interviewing Assessment members, P evaluation a	ork Process: i. Planning Phase: Selection of reparing the environment, ii. Beginning Phaseg, Ground rules for group work meetings, goal stof communication and interaction iii. Middle Problem solving, Dealing with difficult member and criteria for good group work, Termination, Principles of recording, Types of recording.	prepari setting, i hase: In rs, Endi	ng for group work motivation, tervening with gro ng Phase: Evaluat	, First Meetings- oup ion- group work			
Unit - IV	Growth, Th	Models: Social goal, remedial and reciprocal models. Treatment groups: Support, Educational, Growth, Therapy and Socialization groups. Task Groups: Teams, Committees, Social Action and Coalition groups. Group work recording: purpose, types and principles of group work recording						
Unit - V	work practi Group worl psychiatric	programme , Principles of programme plantice, Programme planning and implementation k - Social group work practice in different sesttings: hospitals, de-addiction, physical and verse settings and the aged homes, schools, corrections	for groettings: visual ar	up development- community settin and mentally challer	Skills for Social ags, medical and nged, family and			

References and Text Books:

- Charles Zastrow H, Msw , Ph.D, 2009, Social Work With Groups, Cengage Learning Publication, Australia
- Douglas Tom (1972) Group Process in Social Work, Chicester, Willey.
- Gerald Corey (2000) Theory and practice of group counseling, Wordsworth, London
- Gisela Konopka (1972) Social group work-A helping process, Prentice Hall, Engle Wood Cliffs
- Garvin, Charles, D. (1989) Contemporary Group Work, Prentice Hall, New Jersey.
- Harlkich Trecker B, 1955, Social Group Work Methods And Principles

Web Resources:

Social Group Work-Concept, definition and meaning (socialworkin.com)

https://www.socialworkin.com/2019/11/group-process-in-social-group-work.html

Group Dynamics: Definitions, Concept, Principles and Stages (economics discussion.net)

On completion of the course, students will have

CO1	Understood the concepts of social group work along with related characteristics and theoretical basis	K1, K2
CO2	Understood the group process, dynamics and importance of communication in group	K1, K2
CO3	Analysis of phases involved in group work process and understood the importance of recording	K1, K4
CO4	Examined various model and recordings	K1,K5
CO5	Application of programme in various group setting by social work group	K3, K5

Mapping Course Outcome vs Programme Outcomes

СО	PO1	PO2	PO3	PO4	PO5	PO6	PO7	PO8	PO9	PO10
CO1	S(3)	S(3)	S(3)	L(1)	L(1)	M (2)	M(2)	M(2)	M(2)	L(1)
CO2	S(3)	S(3)	S(3)	L(1)	L(1)	M (2)	M(2)	M(2)	M(2)	L(1)
CO3	M(2)	M(2)	M(2)	S(3)	S(3)	M(2)	M(2)	L(1)	L(1)	S(3)
CO4	M(2)	M(2)	M(2)	S(3)	S(3)	M(2)	M(2)	L(1)	L(1)	S(3)
CO5	M(2)	M(2)	M(2)	S(3)	S(3)	M(2)	M(2)	M(2)	M(2)	S(3)
W.Av	2.4	2.4	2.4	2.2	2	2	2	1.6	1.6	1.6

СО	PSO1	PSO2	PSO3	PSO4	PSO5
CO1	S(3)	L(1)	L(1)	L(1)	L(1)
CO2	S(3)	L(1)	L(1)	L(1)	L(1)
CO3	M(2)	S(3)	M(2)	L(1)	L(1)
CO4	M(2)	M(2)	S(3)	M(2)	M(2)
CO5	M(2)	M(2)	S(3)	M(2)	M(2)
W.Av	2.4	1.8	2	1.4	1.4

		I - SEMESTER						
Course Code	DSE - I: Life Skills Education T Credits: 2 Hours/Week: 2							
Objectives	 To define life skills and understand its importance in life. To enhance one's ability to understand self and reflect ways to enhance it. To develop interpersonal skills to manage interpersonal problems. To develop the necessary social skills to enhance performance while working in teams. To increase one's knowledge and awareness of psychosocial competency and professional skills to perform efficiently at place of study/work. 							
Unit - I	in Higher Edunderstand Window, In Empathy -	tal of Life Skills and values: Life skills – Defiducation –WHO guidelines. ling Self - Self Awareness - Self-esteem and ferieirty complex and its impact. Concept and importance, Types of empathy - coathy as a skill.	Self E	fficacy, Ideal vs F	Real Self, Johari			
Unit - II	and persona Communica	ip Skill: Importance of relationship, relationshil relationships, toxic vs caring relationship, nuration - Objectives and importance, Types of nallenges in interpersonal communication, skills	turing the	ne relationships. nication - passive	•			
Unit - III	practices that	kills - Critical thinking - Concept and Importar at will improve critical thinking. nking - Concept and Importance, practices that			-			
Unit - IV	emotions, tr	Coping Skills - Coping with emotions - Concept of emotions, types of emotions, functions of emotions, triggers of emotions, emotional regulation, emotional intelligence. Coping with stress - Concept of stress, stress continuum, impact of stress, coping resources, coping strategies.						
Unit - V	permanent s	olving - Concept of problem, problem analysolutions, problem solving tools. aking - rational and emotional decision, challen		•				

References and Text Books:

- Atkinson, Jacquelin. 1993. Better Time Management. New Delhi: Indus
- Bishop, Sue.1996. Develop your Assertiveness New Delhi: Kogan Page India Pvt. Ltd
- Clements. Phil, 1998. Be positive, New Delhi: Kogam Page India Pvt. Ltd
- Davar, S. Rustom. 1996. Creative Leadership, New Delgi: USB Publishers Ltd.
- Sudha, Datar. 2010. Skill Training for Social Workers. New Delhi: Sage Publications Ltd.

Web Resources:

<u>Life Skills: Definition, Examples, & Skills to Build - The Berkeley Well-Being Institute (berkeleywellbeing.com)</u>

What are life skills and why teach them? | British Council Greece

What Are Interpersonal Skills? A Guide With Examples | Built In

On completion of the course, students will have

CO1	Developed the ability to appraise the concepts of life skills and understand its importance in life.	K1, K2
CO2	Identify the importance of self - awareness and learn techniques to apply it in their daily lives.	K1, K2, K3
CO3	Developed the competence in thinking and communication skills.	K1, K2, K3
CO4	Gained a practical understanding of social skills and be able to develop a life skills intervention module.	K1, K2, K3, K6
CO5	Gained professional skills to perform effectively in chosen field.	K1, K2, K3

Mapping Course Outcome vs Programme Outcomes

CO	PO1	PO2	PO3	PO4	PO5	PO6	PO7	PO8	PO9	PO10
CO1	S(3)	S(3)	S(3)	M(2)	L(1)	M(2)	M(2)	L(1)	L(1)	L(1)
CO2	S(3)	S(3)	S(3)	M(2)	L(1)	M(2)	M(2)	L(1)	L(1)	L(1)
CO3	S(3)	S(3)	S(3)	M(2)	L(1)	M(2)	M(2)	M(2)	L(1)	L(1)
CO4	M(2)	M(2)	M(2)	S(3)	S(3)	M(2)	M(2)	M(2)	L(1)	S(3)
CO5	M(2)	M(2)	M(2)	S(3)	M(2)	M(2)	L(1)	L(1)	L(1)	M(2)
W.Av	2.6	2.6	2.6	2.6	1.6	2	1.8	1.4	1	1.6

СО	PSO1	PSO2	PSO3	PSO4	PSO5
CO1	S(3)	L(1)	L(1)	M(2)	L(1)
CO2	S(3)	M(2)	L(1)	M(2)	L(1)
CO3	S(3)	M(2)	M(2)	M(2)	L(1)
CO4	S(3)	S(3)	S(3)	S(3)	L(1)
CO5	M(2)	S(3)	S(3)	M(2)	L(1)
W.Av	2.8	2.2	2	2.2	1

	I - SEMESTER										
Course Code		Field Observation Visits T Credits: 3 Hours/ Week: 6									
Objectives	2. To 3. To 4. To	understand the field realities. understand the scope of social work practice. explore and understand the problems and the social develop a professional network. examine the role played by different agencies.	lution re	sponses.							
Guidelines		ear students during the first semester will be the field realities and the role of agencies in brin	•		in the field to						

On completion of the course, students will have

CO1	An understanding of the field realities	K2
CO2	Better insights into the scope for the practice of social work	K2, K3
CO3	Acquires knowledge about the field interventions.	K3, K4, K6
CO4	Developed the professional network	K3, K4
CO5	The imbibed the value of compassion in working with the people.	K3

Mapping Course Outcome vs Programme Outcomes

СО	PO1	PO2	PO3	PO4	PO5	PO6	PO7	PO8	PO9	PO10
CO1	S(3)	S (3)	S (3)	M(2)	M(2)	M(2)	S (3)	S (3)	S (3)	M (2)
CO2	S(3)	S (3)	S (3)	M(2)	M(2)	S (3)				
CO3	L(1)	L(1)	L(1)	S (3)	S (3)	S (3)	S (3)	M (2)	S (3)	S (3)
CO4	L(1)	L(1)	L(1)	S (3)	S (3)	M(2)	M (2)	S (3)	S (3)	M (2)
CO5	M(2)	M(2)	S (3)	S (3)	M(2)	S (3)	S(3)	S (3)	S (3)	S (3)
W.Av	2	2	2.2	2.6	2.4	2.6	2.8	2.8	3	2.6

СО	PSO1	PSO2	PSO3	PSO4	PSO5
CO1	S(3)	M (2)	L(1)	S(3)	M(2)
CO2	S(3)	M(2)	M(2)	S(3)	M(2)
CO3	S(3)	S(3)	S(3)	S(3)	S(3)
CO4	L(1)	S(3)	M(2)	S(3)	M(2)
CO5	S(3)	S(3)	M(2)	S(3)	S(3)
W.Av	2.6	2.6	2	3	2.4