

KUYILI - THE WARRIOR

Women's Studies Newsletter

KUYILI



WHY KUYILI?

Kuyili was a fierce warrior and a skilled leader, who served as one of the army Chief Commanders of Queen Velu Nachiyar during her campaigns against the East India Company in the eighteenth century.

Despite her remarkable achievements, she remains relatively unknown in history. One of her most notable acts of bravery occurred during an attack on a fort held by the East India Company.

Her battalion of 4000 women was facing heavy fire from British cannons, but Kuyili refused to back down. She coated her body in ghee and oil, lit herself on fire, and charged towards the enemy's armoury. Her selfless act of sacrifice ultimately secured victory for Queen Velu Nachiyar and her army. Kuyili's heroism and leadership continue to inspire generations of women warriors.

UNIQUE FACT

There's no much historical evidence about her, but her legacy has been passed down through oral tradition and songs that were composed in her honour.



FROM THE VICE – CHANCELLOR’S DESK

**Prof. G. Ravi, Ph.D., D.Sc.,
Vice-Chancellor**

I am happy to learn that the Department of Women's Studies, Alagappa University is publishing a newsletter that depicts the major activities undertaken by it and also highlights the accomplishments about which it can be proud of.

Since its inception, the Department has been working devotedly in various spheres of Women's Studies, including the area of research, training, documentation, and dissemination, as well as extension work on issues relating to women and women's empowerment, both within the academic community and in the broader society. In addition to achieving academic excellence, the Department empowers students and women's groups and prepares them to be economically and socially independent.

Over the past three decades, the Department has engaged in a wide range of activities, including curricular and extra-curricular activities, raising awareness in society about women-centric programmes, and developing new perspectives on gender equality. To promote gender equality, as guaranteed by Article 15 of the Indian Constitution, and to increase outreach for creating an environment that fosters equal treatment, it has established the Gender Champion Clubs in Alagappa University and all affiliated colleges, with the champions, actively participating in promoting gender equality; and its main objective is to create a conducive environment for boys and girls in educational institutions and society in general.



The Department has been working with the Ministry of Women and Child Development, the Government of India, the National Commission for Women, the State Commission for Women, the Indian Association for Women's Studies, and various non-governmental organizations.

The dedicated staff in the Department of Women's Studies are competent and enthusiastic about providing academic and administrative services with a broad mind. The Department has taken many bold steps toward achieving its broader vision and mission because of its collective strength and unity. This newsletter will facilitate the exchange of ideas and innovations with other Departments, as well as help in future clustering.

I am confident that in the coming years, the Department will set new milestones in its activities and achievements in terms of preparing girls and women in the State and the Country to be self-sufficient, and making them be conscious of promoting a gender-fair society - for the proper growth and development of the nation.



FROM THE CHIEF EDITOR'S DESK

Prof. K. Manimekalai
Former Vice – Chancellor
Mother Teresa Women's University
Kodaikanal
Chairperson
School of Social Sciences
Head, Department of Women's Studies
Alagappa University
Karaikudi

I am happy to bring out the major activities and accomplishments of the Department of Women's Studies from January 2022 – December 2022 through this newsletter. From its inception, along with teaching, training, and research the Department carries out extensive extension activities in collaboration with National and International organization and institutions that facilitates the activities in promoting gender fair society.

A thought that has endured in mind and when it becomes real is truly an interesting and exciting experience. Such cherished work had its roots in persuasion and the progress of society mainly depends on many people who are working behind the scenes, overtime round the clock planning things to the smallest.



This newsletter will be a medium to provide proper acknowledgment and respect for all the efforts and their results. With a sense of pride and satisfaction, I would like to say that with the active support of the University authorities, this newsletter has come alive.

With all the efforts and contributions put in by the staff and students, I truly hope that the pages that follow will make some interesting reading....

CALL FOR PAPERS

The International Conference on Reproductive Health and Mental Wellbeing of Women is to be held in the month of March 2023.

For further details contact: +91 7373541834, +91 7339519711



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Certificate Course in Beauty Therapy

Library and Computer Lab Facilities

The Department library has good collection of reference books, text books, journals, reports, M.Phil theses and Ph.D theses. It has a well equipped computer laboratory with internet facility.

Infrastructure and Learning Resources

Smart Class Room Facilities
Video Conference Facilities
Seminar Hall
24X7 Wi - Fi and Internet Connection
Books (1014)
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Research Projects – Completed

Evaluation study of the training programmes Conducted by Rural Training Centre(2017-18)
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Ms. O.A.Gowri – Female Sex Workers in Kerala: Life, Resistance and Activism

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Ms. Joe Jacob - The Challenges of Working Mothers in the IT sector in Trivandrum, Kerala

Ms.D. Valarmathi - Representation of Girl Child In Indian Television Advertisements

International Women's Day



The Department of Women's Studies, Alagappa University celebrated the International Women's Day on 8th March, 2022. Prof.K.Manimekalai, Head, Department of Women's Studies, Alagappa University, in her welcome address highlighted the significance of observing the International Women's Day. Dr. R. Swaminathan, Member, Vice -Chancellor Officiating Committee, presided the programme and said that women play multiple roles and have the capacity, ability, tenacity to handle any situation and praised them as "Situational Brilliants". Dr. S. Karuppuchamy, Member of the Vice -Chancellor Officiating Committee, in his key - note address stated that nearly 500 years, the entire world has been focusing on women's right but the progress made towards equality is very low and slow. He highlighted that only the attitude of parents can lead to gender equality globally. The special address was given by Ms. Priya Babu, a Transgender and a Social Activist from Madurai and said that in most ancient Tamil epics there are references to the third gender and they indicate that they were treated on par with other genders. This has to be borne in mind by the present generation. The students of the Theatre and Film Studies Department projected the status of women in the society by enacting a play titled "Annam Azhaki". Dr. S. Poulpunitha, Assistant Professor, Women's Studies proposed vote of thanks. More than 200 university students, research scholars and staff participated in the event.



Gender Sensitization Training Programme for Gender Champions of Alagappa University



The Department of Women's Studies, Alagappa University, Karaikudi, under the guidance of Ministry of Women and Child Development and Ministry of Human Resource Development, New Delhi organised a Gender Sensitization Training Programme for Gender Champions of Alagappa University today on 4th March 2022.

Prof.K.Manimekalai, Head of the Department of Women's Studies, Alagappa University, welcomed the gathering and delivered the thematic address. Prof. C. Sekar, Registrar delivered felicitation address and said that in spite of doing incessant work, women in general including educated women suffer greatly on account of many social stigmas in this patriarchal world.

The programme was presided by Prof. S. Thanushkodi, Dean, Faculty of Arts, highlighted that the literacy rate in Tamil Nadu is high and accounted to 84% but women's work participation remaining low, in this context the trained gender champions should encourage women to opt for entrepreneurship. Dr. P. Veeramani, Dr. S. Poulpunitha and Dr. I. Sivakumar of the Department of Women's Studies interacted with 63 gender champions of the University. Dr. P. Sindhuja, Department of Women's Studies proposed vote of thanks.

Gender Sensitization programme for University Students



The Gender Champions of Alagappa University conducted Gender Sensitization programme for the students of Tourism and Hotel Management and Alagappa Institute of Skill Development on 30.03.2022. and 31.03.2022 respectively. Ms. H. Priyavarshini, Gender Champion of Alagappa University welcomed the gathering and highlighted the need of promoting gender equality at all levels. Dr. K. Alamelu, Professor and Head/c, Department of Tourism and Hotel Management delivered presidential address by highlighting the status of women in India and the challenges faced by them in both private and public spheres. Dr. P. Veeramani, Assistant Professor, Department of Women's Studies, Alagappa University delivered keynote address by highlighting the various discriminations faced by women and girls in family, schools, colleges, workplaces etc.,

Dr. T. Thendral, Teaching Assistant, Alagappa Institute of Skill Development delivered the speech on women empowerment by quoting one female character (Ambai) from the Mythical scripture Mahābhārat. She discussed various attempts carried out by Ambai for her survival and highlighted the various sources that Ambai could taken instead of falling down into fire.

The interactive session was held under the Gender Champions team of Mr. V. Michael Thibon, Ms. M. Sneha Bharathi Ms.V. Selvaraj, Ms. M. Malavika, Ms. V. Kayalvizhi, Ms.



Mathivathani, Ms. R. Keerthana, Ms. S. Narmada and Ms. V. Kanimozhi.

Finally mime had been played by the Gender Champions of Alagappa University which depicted the gender discrimination faced by the girl children and highlighted that parents should treat both boys and girls equally in all aspects from health, education, employment, marriage etc., Dr. P. Sindhuja proposed vote of thanks. Nearly, 200 students participated and benefited from this programme.

Gender Sensitization programme for School Students



As part of MoU the Department of Women's Studies has organised the Gender Sensitization Programme for the students of Alagappa Model Higher Secondary school on 01.04.2022.

Mr. M.S. Rajapandian, Head Master, Alagappa Model Higher Secondary School delivered inaugural address by highlighting the significance of initiating Gender Champion Club in all educational institutions.. Dr. P. Veeramani, Assistant Professor, Alagappa University gave lecture on roles and responsibilities of gender champions and various ways and means in promoting the gender fair society. Dr. S. Poulpunitha, Assistant Professor, Alagappa University gave lecture on Gender Concepts and refers to the learnt roles, norms and expectations

on the basis of one's sex. She insisted the students to bring some positive changes by changing the norms, beliefs and attributes. Mrs. K.R. Uma Periyanyagi, PG Assistant in Tamil, Alagappa Model Higher Secondary School, proposed the vote of thanks. Nearly, 100 students participated and benefited from the programme.

Gender Sensitization programme



The Gender Champions of Alagappa University V. Abinayasankarai and S. Rajasuriya I year M.A. Gender Studies, had organized the gender sensitization programme on 08.04.2022 for school students in Government High School at Vagavasal, Pudukottai.

The Head Master Mr. R. Kumaravel welcomed the gathering and insisted the students to use this opportunity so as to create awareness about the gender equality in our society. The Gender Champions explained the various forms of gender based violence faced by the girls and women in public and private places. The students actively observed the lecture and asked questions in promoting the zero violence and gender fair society. Nearly 100 students actively participated and benefited from the programme.



Guest Lecture on Life Skills Education



The Department of Women's Studies organised the Guest Lecture on Life Skills Education on 29.04.2022 at Mary Wollstonecraft Seminar Hall. Joe Jacob, Assistant Professor, St. Thomas Institute for Science and Technology, Kerala, elaborated the core life skills that needed for the day to day life. She highlighted that Personal skills are the essential life skills that helps to maintain a healthy body and mind. Further, discussions were made on the measures that can be followed to overcome the mental stress faced by the students and scholar. The staff, M. A. Integrated Home Science, B.A. and M.A. Gender Students and Ph.D scholars actively participated and benefited from the programme.

Special Lecture on Stress Management and Nutrition for Healthy Life



As a part of extension activity the staff in the Department of Women's Studies gave special lecture to the drivers and conductors of karaikudi

region at TNSTC-Training Centre, Karaikudi on 02.05.2022 & 23.05.2022. B.Nagarajan, Deputy Manager, Technology welcomed the gatherings by highlighting the importance of the programme. Dr. S. Poulpunitha, Assistant Professor, Department of Women's Studies, Alagappa University gave lecture on the techniques that can be adopted in overcoming the stress-related problems. Further, she also explained two simple yoga asanas and mudhras for drivers and conductors which can relieve stress and make them physically and mentally well. Dr.P.Sindhuja, Teaching Assistant, Department of Women's Studies, Alagappa University highlighted the importance of having balanced diet and pointed out some of the foods that can be consumed by the drivers during their duty hours which will reduce their physical and mental fatigue. R.Ramya, Teaching Assistant, Department of Women's Studies, Alagappa University delivered the speech on Healthy food habits. She elaborated the foods which are essential for different types of diseases.O.UmaShanker, Assistant Engineer, Training proposed the vote of thanks. Nearly, 30 drivers and conductors participated and benefited out of this programme.

Appreciation of Gender Champions



The Department of Women's Studies has organized the programme "Appreciation of Gender Champions for the Academic Year 2021-2022" on 11.05.2022 at Mary Wollstonecraft Seminar Hall. Dr. P. Veeramani, Assistant Professor, Dept. of Women's Studies, Alagappa



University delivered welcome by highlighting the various activities carried out by the gender champions and appreciated their efforts and actions in promoting the gender fair society. Dr. S. Thanuskodi, Dean, Faculty of Arts, Professor & Head, Department of Library and Information Science, Alagappa University gave the felicitation address and said that the Gender Champions as they are future parents, they have to practice the socialization process that promotes the gender equality in all spheres. Further, he motivated the Gender Champions to continue their activity for the forthcoming academic year. He wined his speech with the distribution of certificates to the Gender Champions for the academic year 2021-2022. Nearly 80 Gender Champions actively participated and benefited from the programme. Ms.H.Priyavarshini, Gender Champion, Dept. of Tourism and Hotel Management proposed vote of thanks.

Legal Awareness Program on Transgender and Anti-Ragging Laws



The Department of Women's Studies, Alagappa University, Karaikudi in collaboration with the District Legal Services Commission, Sivagangai organized the Legal Awareness Program on Transgender and Anti-Ragging Laws on 26-07-2022. Prof. K. Manimekalai, Head, Department of Women's Studies welcomed the participants by highlighting the biological changes that occurs in adulthood and the socio-economic problems they face.

Prof. S. Thanuskodi, Dean, Faculty of Arts, Alagappa University, delivered presidential address and highlighted the schemes implemented by the Ministry of Social Justice and Empowerment and also mentioned the significance of The Transgender Persons (Protection of Rights) Act, 2019.

M. Parameswari, Sub Judge, District Legal Services Authority, Sivagangai delivered special address and elaborated the functions of National Legal Service Authority.

Mr. D.Vinoji, Deputy Superintendent of Police, Karaikudi spoke about the anti-ragging laws in India and Mr. P.Kannappan, Advocate, Karaikudi advised the women to face the challenges by imparting practical knowledge on the rights and solutions provided by various laws and acts that protect women from various social issues.

Ms. Padmini and Ms. Jessi, Transgender insisted the students to create awareness about the issues and challenges faced by transgenders.

More than 200 University students, professors and research students participated in the programme. The programme came to an end with the vote of thanks by Dr.P. Veeramani.

Screening of Inspiring Women Stories - "AZADI KI AMRIT KAHANIYAN"



The Department of Women's Studies screened a series of videos on inspiring women's stories titled "Azadi Ki Amrit Kahaniyan" for students and staff of the Faculty of Arts, Education,



Management and Science on 17th August 2022. Dr.P.Veeramani, Dr.S.Poulpunitha and Dr.I.Sivakumar interacted with the students and enlightened the youth on the significance of promoting gender equality in all aspects.

Awareness Programme on Legal Provisions for Safety and Security of Women



The Department of Women's Studies with the Free Legal Aid Centre organised an awareness program on Legal Provisions for Safety and Security of Women for staff and students of Department of Women's Studies, Alagappa University on 27.08.2022 at Mary Wollstonecraft Seminar Hall. 85 students and staff participated in the programme. While welcoming the gathering, Prof. K. Manimekalai, Head, Department of Women's Studies, Alagappa University welcomed the gathering and highlighted the activities of Free Legal Aid Centre. Mr. Nelson Jeeva, Advocate, Mediation Women Centre Counselling, elaborated the Right to Information Act (2005), Hindu Marriage Act (1955), Domestic Violence Act (2005), The Hindu Succession (Amendment) Act, 2005, The Sexual Harassment of Women at Workplace (Prevention, Prohibition and Redressal) Act (2013), and POCSO Act (2012). Dr.P. Veeramani proposed a vote of thanks. Nearly 85 students and staff participated in the programme.

MoU with Bullock-Cart Workers Development Association (BWDA)

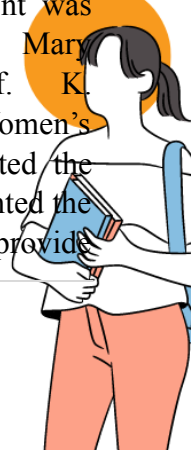


The Department of Women's Studies had a MoU with BWDA on 07th Sep 2022. The aim of MoU is to promote institutional collaborations activities such as students and faculties exchange to enhance the knowledge on research, extension activity and educational programs, student internships and to implement the field level activities such as survey, research studies on social, educational, economic, environmental, legal and cultural aspects that promotes the development of society and nation too.

Special Lecture on Fund Raising and Project Management



As a part of MoU, with BWDA a special lecture on Fund Raising and Project Management was organized on 07th Sep 2022 at Mary Wollstonecraft Seminar Hall. Prof. K. Manimekalai, Head, Department of Women's Studies in her welcome address elaborated the significance of the programme and highlighted the international and national agencies that provide



funds for the development of nation. Dr.C. Joslin Thambi, Founder, BWDA Group of Institutions elaborated the activities of BWDA and discussed about various national and international funding agencies, method of availing funds, importance of auditing, significance of programme planning and steps in writing project proposal. He wined his speech by pointing out the statement, the work done with involvement, commitment and enjoyment would definitely led to successful life. Nearly 86 students, staff and scholars attended and benefited from the programme. Dr. P. Sindhuja, proposed vote of thanks.

Special Lecture on Extension Approaches



The Department of Women's Studies organised a Special Lecture on Extension Approaches on 19th Sep 2022 at Mary Wollstonecraft Seminar Hall. Prof. K. Manimekalai, Head, Department of Women's Studies delivered welcome and thematic address. Mrs.S.Balasaraswathy, Assistant Professor, Department of Home Science, V.V. Vanniaperumal College for Women, Viurudhunagar in her special lecture explained the significance, principles of extension and qualities of an extension worker. Further, she elaborated the basic eight extension approaches, its applications, merits and demerits. Additionally, she motivated the students to develop unique qualities which differentiate them from others that facilitates for their development in all aspects and Dr. P. Sindhuja proposed vote of thanks.

Nearly 65 students, staff and scholars attended and benefited from the programme.

Legal Literacy and Legal Awareness Programme



The Department of Women's Studies in collaboration of Karaikudi Taluk Legal Service Committee has organized the Legal Literacy and Legal Awareness Programme on 22nd September 2022.

Dr. P. Veeramani, Assistant Professor, Department of Women's Studies, welcomed the gatherings. Prof. G. Ravi, Honourable Vice-Chancellor of Alagappa University delivered the presidential address and elaborated the functions of Taluk Legal Service Committee and pointed out that the raising consciousness about the legal literacy would empower the women and girls and promote the violence free society.

Prof. S. Thanuskodi, Dean, Faculty of Arts, Alagappa University, delivered keynote address by highlighting, majority of the people due to lack of awareness they are victimized and hence to avoid such conditions the Taluk Legal service Committee promotes awareness about the legal rights and various means and ways in accessing the justice. Mr. A. Dharanidharan, Chairperson/District Munsif, Karaikudi delivered special address and highlighted that crimes against women in Tamil Nadu went up from 5,934 in 2019 to 6,630 in 2020, and 8,501 in 2021, as per NCRB data.



Mr. V. Kannappan, Mrs. S. Ratha Advocates discussed the significance and importance of RTI 2005 and the Protection of Children from Sexual Offences Act, 2012, the Act that protects children from offences of sexual assault, sexual harassment and pornography. Nearly 100 students and faculty members from various departments were benefited from this programme. Finally, the vote of thanks was proposed by Dr. I. Sivakumar, Teaching Assistant, Department of Women's Studies, Alagappa University.

National Nutrition Month and International Year of Millets Celebrated



To commemorate the National Nutrition Month and "International Year of Millets, the Department of Women's Studies conducted an awareness programme on health benefits of millets and millets as functional foods in combating diseases was organized on 28.09.2022 & 29.09.2022 respectively. Prof.K.Manimekalai, Chairperson School of Social Science & Head, Department of Women Studies, Alagappa University welcomed the gatherings and elaborated the Mission, Vision and objectives of conducting the programme every year. Further, she highlighted the role and significance of millets that serve as functional foods in defending various non communicable diseases.

Dr.P.Veeramani, Assistant Professor, Department of Women's Studies, Alagappa University spoke about the importance of celebrating the National Nutrition Month and International Year of Millets. Dr.S.Poulpunitha, Assistant Professor, Department of Women's Studies, Alagappa University, elaborated the types and importance of daily intake of millets. Nearly 80 students from various departments have participated and benefited from the programme.

As part of the programme, competitions like Seminar presentation, Rangoli, Food fest (Millet base), Comedy skit, Debate, Nutri king and Queen were conducted. Nearly 145 students from various departments have participated and the competition has enriched the knowledge of the students about the importance of taking proper food to have good health at present and future. S.Janaki, M.A.Integrated Home Science student proposed vote of thanks.

Quiz Competition on Millets



To create awareness about the millets, quiz competitions in a way of step in and step out was organised for University students on 17.10.2022. The balloon was distributed to all the participants, and then the question was read out. The person who burst the balloon first has given the opportunity to answer the question. 150 questions were asked in 10 rounds. Nearly 102 participants



actively involved and gained knowledge on health benefits of millets.

Special Lecture on Extension Models



The Department of Women's Studies organised a Special Lecture on Extension Models on 11th November 2022 at Mary Wollstonecraft Seminar Hall. Prof. K. Manimekalai, Chairperson School of Social Science & Head, Department of Women's Studies welcomed the gatherings and highlighted that extension models like Participatory Rural Appraisal and Conscientization Models play a significant role in achieving the goal of the programmes. She added that the knowledge on various extension models supports the students, scholars, faculty members, NGOs and various institutions, organizations in implementing their projects/programmes in an effective way.

Mrs.S.Balasaraswathy, Assistant Professor, Department of Home Science, V.V. Vanniaperumal College for Women, Viurudhunagar in her special lecture explained the various extension models and its application. Further, she discussed the extension programme planning process that helps the extension workers to determine, analyse and solve the problems. P. Jayaseeli, M.A. Integrated Home Science proposed voted of thanks.

Series of Activities Done in Two Weeks to Raise Awareness among People for Preventing Gender-Based Violence against Women and Girls

(25th November – 10th December 2022)



The Department of Women's Studies and the Women Harassment Prevention Cell organised a series of programmes titled "16 Days of Activism to Raise Awareness for Preventing Gender Based Violence Against Women and Girls" from 25th November to 10th December 2022.

On 25th November 2022, Prof.K.Manimekalai, Chairperson School of Social Science & Head, Department of Women's Studies, Alagappa University, delivered a radio talk on "Elimination of Violence Against Women" at Alagappa University Community Radio (90.8 F.M.) Her lecture focused on the significance of promoting



the gender equality in all sectors and also highlighted the gender issues faced by women and girl children in various spheres, such as education, nutrition, forced child marriage, legal rights, and medical rights. Further, she referred to various forms of gender based violence faced by women and girl children and suggested means and measures to overcome those violence.

On 28th Nov, 2022 Prof.K.Manimekalai, gave an online lecture on “Preventing and Combating Violence Against Women at the Workplace” for staff and students of Maulana Azad National Institute of Technology, Bhopal, Madhya Pradesh. She discussed the key provisions and mechanisms that exist in the Sexual Harassment of Women at Work place (Prevention, Prohibition and Redressal) Act, 2013. Also, she pointed out that by giving due respect to all irrespective of genders, we could prevent violence to some extent.

On 29th November 2022, Dr.P.Veeramani, Assistant Professor, Department of Women’s Studies, Alagappa University, delivered a lecture through virtual mode on “Combating Gender Stereotypes and Sexism at the Workplace” for staff and students of Maulana Azad National Institute of Technology, Bhopal, Madhya Pradesh. She said that the change in mind set of the people alone can break down the gender stereotypes and promote a gender fair society. Further, she pointed out that the institutions and organizations should be gender sensitive, there by the workplace harassment faced by the women can be minimized and prevented.

Film Screening cum Discussion



On 30th November 2022, a Movie titled “The Great Indian Kitchen” was screened on 30th November 2022 at Mary Wollstonecraft Conference Hall of the Department of Women’s Studies, Alagappa University. The Movie won the Kerala State Film Award for Best Film, Best Screenplay and Best Sound Designing. A serious discussion was made on that movie regarding the role of women that was depicted in the movie. “The Great Indian Kitchen” highlights the subtle suppression of women as a practice carried out in their own homes and even perpetuated by other women. The audience raised and discussed critical points related to women’s equality at the end of this film.

On 1st December 2022, Dr.I.Sivakumar, Teaching Assistant, Department of Women’s Studies, Alagappa University delivered a radio talk on “A Life without Gender based Violence Against Women” over Alagappa University Community Radio (90.8 F.M.), Karaikudi.



He elaborated on the significance of the 16 days activism on raising awareness for preventing violence against women and girls in public and private spheres. He also explained the concepts related to gender issues and how it is operated in the patriarchal society.

On 2nd December 2022, Dr.P.Sindhuja, and Ms.R.Ramya, Teaching Assistants, Department of Women’s Studies, Alagappa University gave Special Lecture on “Prevention of Gender Based Violence” for the Tamil Nadu State Transport Corporation Employees, Karaikudi. Their speeches elaborated on the status of women in



India and the challenges faced by them in both private and public spheres. They also highlighted that as men and women are equal in every respect, men and boys should share the responsibilities of their mother, sister and spouse and insisted on a change in the traditional mindset of men which inhibits the development of women and girls. Finally they discussed the Constitutional provisions and laws and women helpline numbers that protect, safeguard and rehabilitate them from various social issues and problems.

On 5th December 2022, Dr.P.Veeramani, Assistant Professor, Department of Women's Studies, Alagappa University delivered a Gender Sensitization radio talk on "Strategies to Prevent Violence Against Women" over Alagappa University Community Radio (90.8 F.M.), Karaikudi.

AUCR 90.8 International Day for Elimination of Violence against Women Speech by Dr.P.Veeramani



Her lecture elaborated on the importance of promoting gender equality and also highlighted ways and means in promoting the gender equity and equality. Further she added that some of the social attributes and values act as obstacles for the development of women, the deconstruction of some social values, norms and attributes would

help to promote the gender fair society. She highlighted that the socialization process starts from the family and as students they can bring some positive changes by changing the norms, beliefs and attributes.

On 6th& 7th December 2022, the poster exhibition was organized by the Department of Women's Studies, at the Mary Wollstonecraft seminar hall.



The display of 55 posters prepared by students that conveyed message such as "Women's Rights Are Human Rights" posters on Gender Equality, gender stereotypes, forms of violence and its impact on family, society and nation were also exhibited. The poster exhibition created awareness on significance of promoting gender equality and responsibility of each individual in creating Zero violence India.

Legal Awareness Programme for Alagappa University Employees

On 8th December 2022, the Department of Women's Studies organized a one day Legal Awareness Programme for Alagappa University Employees on the Sexual Harassment of Women at Workplace (Prevention, Prohibition, and Redressal) Act 2013.





Prof.K.Manimekalai, welcomed the gathering and stated that workplace rights of women are denied and they should be treated with dignity and respect in the workplace and family. She discussed the laws and acts that safeguard women from workplace harassment. Mr.KamalDayalan, Advocate, Karaikudi, in his special address, highlighted the significance of implementing the Internal Complaints Committee (ICC), its structure, power, and the grievance redressal mechanism. He elaborated on the evolution of the prevention of work-place harassment law by quoting the Vishaka Guidelines. Dr.P.Veeramani, Assistant Professor, Department of Women's Studies, proposed a vote of thanks.

Legal Awareness Programme for Self Help Group Women



On 9th December 2022, the Department of Women's Studies in collaboration with the District Social Welfare & Tamil Nadu Rural Livelihood Mission organized a One Day Legal Awareness

Programme for Self Help Group Women at Mary Wollstonecraft Seminar Hall. Prof.K.Manimekalai, while welcoming the gatherings said that enhancing knowledge on legal rights of women and girls would help them to share their power equally and to work together for achieving equality and justice. Prof.G.Ravi, Vice-Chancellor, Alagappa University, inaugurated and presided over the programme. He explained the origin of the SHGs, and significance of the SHGs that meet the productive and consumption needs of the members out of their own savings.



Dr.R.Stalin IPS, Assistant Superintendent of Police, Karaikudi, in his keynote address, discussed the importance of Internal Complaints Committee and various key provisions of the Sexual Harassment of Women at Work place (Prevention, Prohibition and Redressal) Act, 2013. Further, he mentioned the help line numbers like 1098, 1091 and 181 that protect the women and children from gender based violence. Ms.P.Anbu Gloria, District Social Welfare Officer, Sivagangai, in her special address, explained the nuances of the Prevention of Women from Domestic Violence Act, 2005 and highlighted the women and child welfare activities that are carried out by the District Social Welfare Board. Mr.V.Kannapan, Advocate, in his special address, elucidated the Equal Remuneration Act, 1976 and the Protection of Children from Sexual Offences Act, 2012. Dr.P.Veeramani, Assistant Professor proposed vote of thanks.



More than 500 students and staff actively participated and benefited from the activism programmes that raised awareness on prevention of gender based violence in public and private spheres.





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