

Dr.L.GomathirajashyamalaAdjunct Faculty

Contact

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Academic Qualifications

| Degree | Institution | Year | Branch | Class |
|--------|-----------------------------|-------------|---|----------------------------------|
| Ph.D. | Tamil University | 2011 - 2020 | Biomedical Science | Highly Commended |
| M.Sc., | Alagappa University | 2018 - 2020 | Home science – Nutrition and Dietetics | First Class Distinction with D++ |
| M.Sc., | Tamil University | 2008 - 2010 | Biomedical Science | First Class Distinction with D++ |
| B.Sc., | Bharathidasan University | 2005 - 2008 | Biotechnology | First Class with D |

| Teaching experience : 6 Years | | | | |
|-------------------------------|---|-------------------------|--|--|
| Position | Institution | Duration | | |
| Teaching Assistant | Department of Nutrition and Dietetics, Alagappa University | 16.08.2023 - till date | | |
| Assistant Professor & Head | Department of Home Science Sri Bharathi Arts and Science college for Women, Pudukkottai. | 16.04.2021 - 31.05.2023 | | |
| Guest Faculty | Directorate of Distance Education - Home science – Nutrition and Dietetics, Alagappa University | 03.12.2020 - 31.05.2023 | | |
| Assistant Professor & Head | Department of Food science & Nutrition, | 05.03.2018 - 08.02.2020 | | |

| | Cherraan's Arts Science College, Kangayam, Tirupur-Dt. | |
|------------------|---|-------------------------|
| Teaching cum | Department of Siddha Medicine, | 01.08.2012 - 30.04.2013 |
| Research scholar | Tamil University | 01.00.2012 - 30.04.2013 |

Research Experience

Total Research Experience: 13 Years

| Position | Institution / University | Duration | |
|----------------------------|--|-------------------------|--|
| Teaching Assistant | Teaching Assistant Department of Nutrition and Dietetics, Alagappa University | | |
| Assistant Professor & Head | Department of Home Science Sri Bharathi Arts and Science college for Women, Pudukkottai. | 16.04.2021 - 31.05.2023 | |
| Assistant Professor & Head | Department of Food science & Nutrition, Cherraan's Arts Science College, Kangayam, Tirupur-Dt. | 05.03.2018 - 08.02.2020 | |
| Project guide | Amphigene Research laboratory, Thanjavur | 17.02.2013 - 14.05.2014 | |
| Research Assistant | Department of Siddha Medicine , Tamil University, Thanjavur. | 11.05.2011 -31.05.2017 | |

Areas of Research

Cancer biology

Cancer biology is a multifaceted field of research that delves into the complex molecular and cellular mechanisms underlying the development, progression, and treatment of cancer.

Collaborative efforts among researchers, clinicians, industry partners, and patient advocates are driving progress in the fight against cancer and improving outcomes for cancer patients

Food Science and Nutrition

Food Science and Nutrition plays a vital role in advancing knowledge, informing policy, and improving practices to promote a healthy and sustainable food supply, enhance human health, and address global nutrition challenges.

• Nutrition and Dietetics

Nutrition and Dietetics plays a critical role in advancing our understanding of the complex interplay between diet, nutrition, and health, and in developing strategies to promote optimal nutrition and well-being across the lifespan.

Publications

| Journals | | Conferences | Others |
|---------------|----------|---------------|-----------------------------------|
| International | National | International | Books/Chapters/Monographs/Manuals |
| 6 | 2 | 2 | - |

h-index : 4i10 index : 3Total Citations : 56

Events organized in leading roles

Number of Seminars /Conferences /Workshops/ Events organized: 12

| S.No. | Position | Programme | Duration | Institution |
|-------|-----------------------------------|--|------------|--|
| 1. | Co-Ordinator | Guest lecture series on "Nutrition and enhanced sports performance" | 19.12.2023 | Department of Nutrition and Dietetics, Alagappa University |
| 2. | Organizing Committee member | One-day workshop on "Semi- Auto Chemistry Analyzer" | 09.10.2023 | Department of Nutrition and Dietetics, Alagappa University |
| 3. | Organizing Committee member | National Nutrition Week 2023 | 01.09.2023 | Department of Nutrition and Dietetics, Alagappa University. |
| 4. | Organizing Secretary | one day Seminar on "International Millets Year 2023 – Benefits of Millets on Women's Health" | 28.02.2023 | Sri Bharathi Arts and Science College for Women |
| 5. | Organizing Secretary | one day seminar on "Nutrition for Adolescent Girls" | 13.10.2022 | Sri Bharathi Arts and Science College for Women |
| 6. | Organizing Secretary | Orientation programme on "National Service Scheme Day – 2022 | 24.09.2022 | Sri Bharathi Arts and Science College for Women |
| 7. | Organizing Secretary | World Breast Feeding Week - 2022 | 05.08.2022 | Sri Bharathi Arts and Science College for Women |
| 8. | Organizing Secretary | National Nutrition Week Celebration-2022 | 06.09.2022 | Sri Bharathi Arts and Science College for Women |
| 9. | Organizing Secretary | Inter-collegiate competition on "Organic Millet Foods | 29.10.2021 | Sri Bharathi Arts and Science College for Women |
| 10. | Organizing | 5 days Public Training | 05.02.2019 | Cherraan's Arts Science |

| | Secretary | programme on "Application of Science and Technology in Rural Areas" ASTRA- 2019 Sponsored by TNSCST (Fund Received - 1 Lakh) | to 09.02.2019 | College, Kangayam |
|-----|-------------------------|---|------------------|---|
| 11. | Organizing Secretary | One day "Nutritional Awareness programme for Pregnant Women" in the Function of "Community Baby Shower - 2019" held on 15 th Sep 2018 organised by Integrated Child Development Services (ICDS) at Kangayam. | 15.09.2018 | Cherraan's Arts Science College with ICDS, Kangayam |
| 12. | Organizing Secretary | Nutritional Awareness programme for AG people | 18.09.2018 | Cherraan's Arts Science College with Integrated Child Development Services(ICDS), Kangayam |

Papers presented in the National and International Events

Conferences / Seminars / Workshops: 05

Events Participated

• Number of Conferences/Seminars/Workshops: 17

Editorship/reviewer of Journals

• **Reviewer** in the Journal of Sustainability, Agri, Food and Environmental Research (SAFER) (ISSN:0719-3726)

Selected Research Papers

- L.Gomathirjashyamala, R.Anitha and P.Rameshthangam (2003). Nutritional status and Dietary Profile of College Students – A Cross Sectional Study from South India. International Journal of Current Science Research and Review (IJCSRR) Vol.06 Issue-1:7039-7045. ISSN:2581-8341
 Impact Factor: 6.789
- 2. GomathiRajashyamala,L. and Elango,V.(2015).Identification of bioactive components and its biological activities of *Evolvulu salsinoides*.Linn A GC-MS study. *International Journal of Chemical Studies*.**3** (1): 41-44. P-ISSN 2349–8528 **Impact Factor**: **6.78**

- 3. GomathiRajashyamala, L. and Elango, V. (2015). In vitro Antimicrobial Activity and Phytochemical Analysis of few Indian Medicinal Plants. *International Journal of Science and Research* (IJSR) Volume **4** Issue 8: 659-663. ISSN: 2319-7064. **Impact Factor: 7.942**
- 4. GomathiRajashyamala,L. and Elango,V.(2015).Analysis Of Bioactive Compounds In *Evolvulusalsinoides*.L. *World Journal of Science and Research*.**1** (1):50-55. ISSN: 2455 2208
- GomathiRajashyamala, L. and Elango, V. (2015). Effects of *Evolvulus Alsinoides* Linn. In inflammatory Markers in Prostatitis Induced Rat Model. *World Journal of Science and Research*. 1

 (2): 114-119. ISSN:2455 2208
- 6. GomathiRajashyamala, L. and Elango, V. (2016). Antioxidant Activity of *Evolvulus Alsinoides* L. *Asian Journal of Innovative Research.* **1**(2): 39-43.SSN 2455 7285
- 7. GomathiRajashyamala, L. and Elango, V. (2016). Effect Of *Evolvulus Alsinoides* L. On Biochemical, Antioxidant and Haematological Parameters in Aluminium Toxicity Male Rat. *Asian Journal of Innovative Research*. **1**(4): 29-36. ISSN 2455 7285
- 8. GomathiRajashyamala, L. and Elango, V. (2017). Effect Of *Evolvulus alsinoides* L.On PSA, Reproductive Hormones and Sperm in Prostatic Male Experimental Rats. *World Journal of Science and Research*. **2** (2):13-19. ISSN: 2455 2208.

Resource persons in various capacities

| Invited lectures | | | | | | |
|------------------|--------------------------|------------------------------|------------------------|------------|--|--|
| S.No. | Name of the Programme | Organizer of the Programme | Topic | Date | | |
| | | | | | | |
| 1. | National Service | Bharathi Arts and Science | Healthy foods | 19.12.2021 | | |
| | Scheme (NSS) | College for Women | | | | |
| 2. | "Community Baby | Integrated Child Development | Nutrition for Pregnant | 15.09.2018 | | |
| | Shower -2019" | Services (ICDS), Kangayam | Women | | | |

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