

**ALAGAPPA UNIVERSITY**  
**COLLEGE OF PHYSICAL EDUCATION**

**TYCOONS -MAGAZINE-**  
**2024**

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## **ABOUT THE COLLEGE OF PHYSICAL EDUCATION:**



Alagappa College of Physical Education was founded by the great Philanthropist Dr. RM. Alagappa Chettiar. It was inaugurated in July 1956 by the Maharajah of Mysore. In the beginning year, the College offered only a Certificate Course in Physical Education. In 1967, One Year B. P. Ed. Programme was started and in 1970, One Year M. P. Ed. Programme was initiated. When these programmes were introduced, they were considered then as pioneering efforts in South India and received acclamation from experts in the field. In 1985 this College became a Constituent College of Alagappa University when it was established; and the College was renamed as **Alagappa University College of Physical Education**. This College is now offering the following Programmes of Study; Two-year B. P. Ed. Programme, Three-year B. Sc-Physical Education Programme, and Two-year

M.P.Ed.Programme,Two- year D.P.Ed.Programme and Ph.D Programme. All these programmes have been recognized by the National Council of Teacher Education and Government of Tamil Nadu.

The Unique feature of the College is its 11-acre own campsite situated on the Seashore at Thondi Campus of the University which is known for its beautiful environment. It is a matter of pride that this college has produced two Dhronacharya Awardees. Many alumni of this college have become International Sports Personalities and many have joined Uniform Services. It will be worth noting that the first Principal of ACPE was nominated as the First Vice-Chancellor of Lakshmi Bai National Institute of Physical Education, Gwalior and four distinguished alumni of this institution were nominated as Vice-Chancellors of Tamil Nadu Physical Education and Sports University, Chennai. Six Alumni have become Registrars of various Universities.

### **VISION:**

- ✚ To offer quality education in the field of Physical Education with a clear focus on producing athletes of great calibre and international standard to bring laurels to the nation .
- ✚ To make it as a world class institution in imparting standard education, training and research in the field of Physical Education and Sports.

### **MISSION:**

- ✚ To train students to take up the vocation of teachers of Physical Education
- ✚ To create disciplined sportspersons to participate in sports and games in national and international competitions.
- ✚ To conduct quality research in Physical Education and allied areas so as to make the college as a centre of excellence.



**FACULTY PHOTO**



## ALAGAPPA UNIVERSITY COLLEGE OF PHYSICAL EDUCATION NATIONAL SPORTS DAY-2023



**National sports day** was celebrated on 29<sup>th</sup> august 5.30 p.m at Alagappa University College of Physical Education, Alagappa University, to commemorate the birth anniversary of Major Dhyhan chand. Prof.K.MuraliRajan, in his welcome address said that the celebration of National Sports Days is to remember the contributions of Dhyhan Chand, he was an Indian field hockey player, regarded by many as the greatest field hockey player in history. Prof. G. Ravi, Vice-Chancellor, Alagappa University delivered in the inaugural chief quest address. The students and teaching and non-teaching staff participating various tournaments such as cricket, marathon, women –cricket. Prof G. Ravi Vice-Chancellor gave away the prizes to the winners of various tournaments and presented the hockey rolling trophies to the winner and Runner –up teams. Lt.Dr.C.Vairvasundaram Assistant Professor, who made all the arrangements, proposed a vote of thanks at the end of the programme.



## **ALAGAPPAUNIVERSITY COLLEGE OF PHYSICAL EDUCATION FRESHERS ORIENTATION PROGRAMME-2023**



Alagappa University College of physical education organized a “**Fresher’s Day Orientation Programme**”-2023 for first year M.PEd, B.PEd, D.P.Ed, BSC students of AUCPE on 20<sup>th</sup> July 2023 at 10.30a.m, at the Indoor stadium. Prof .K.Murali Rajan i/c, AUCPE welcome the gathering. The vice-chancellor of Alagappa University Prof.G.Ravi presided over the event and delivered the presidential address, wherein he said that stay healthy, to sports person help students to stay healthy. In the end of the programme Prof.S.Nagarajan, Professor, AUCPE to proposed a formal vote of thanks.

**ALAGAPPAUNIVERSITY COLLEGE OF PHYSICAL EDUCATION**



## Jamboree –Track and Field -2023



Alagappa University College Of Physical Education conducted the “ **Track and Field Meet**” -**Jamboree 2023** at the Hockey Field, AUCPE on 02.08.2023 at 6.30 a.m. Prof. Muralirajan Principal i/c, gave the welcome address and The Vice-Chancellor Prof. G. Ravi in his inaugural address. He stated that the importance of sports is good for your physical and mental health. They also help develop leadership skills and equip them with the ability to set goals and build character for our students. And the Vice-Chancellor Prof. G. Ravi declared the meet open and distributed the certificates to the participants and prizes to the winners. K. Sathishkumar M.P.Ed Second Year, Secretary of Jamboree proposed a vote of thanks.

**ALAGAPPA UNIVERSITY COLLEGE OF PHYSICAL EDUCATION**  
**TEACHERS DAY CELEBRATION-2023**



Alagappa University College of Physical Education Organized by “**Teachers Day 2023**” was celebrated on 05.09.2023 at Indoor Stadium, AUCPE to commemorate the birth anniversary of Dr.S.Sarvepalli Radhakrishnan .Prof.K.Muralirajan,Principal i/c in his welcome address said that the celebration of the Teachers Day celebration is to remember the contribution of Radhakrishnan.and followed by Dr.T.R.Gurumoorthy,SeniorProfessor&Head (Rtd)Department of Commerce, Alagappa University ,in his Special Address ,He State that discipline is the great virtue that would guide students to tread on a proper path success in any endeavor can be achieved if there is proper training to reveal the talents students which everyone to possess.they conducted the various competitions and various fun games for faculty members, at the end of the programme , R.ArjunM.P.Ed First Year Student to proposed a vote of thanks.



## **ALAGAPPAUNIVERSITY COLLEGE OF PHYSICAL EDUCATION PARENTS TEACHERS MEETING-2023**



Alagappa University College of Physical Education Organized by “**Parents Teachers Meeting -2023**” was held on 10<sup>th</sup> sept, 2023 at the AUCPE Seminar hall at 10.a.m. Prof.K.Muralirajan ,Principal i/c,AUCPE ,welcomed the chief guest and parents and students and Faculty Member and Prof.G.Parimalarani,ChiefWarden,Dept of Bank Management ,Alagappa University, to delivered her special address. The meeting was an interaction between the faculty and the parents for the development of their words. The parent’s teachers meeting came to an end with the conclusion that joint effort, mutual understanding and co-operation of parents and faculty are very important for the welfare of the students. The vote of thanks was given by Dr.K.Dhivya, Assistant Professor.

## Article on Sports and games

Sports and games have an important role in the development of human personality and in the life of a young man. They are no less important than food and fresh water. They are those activities which use pursue for the sake of pleasure. They are different from work and daily duties. There is a slight difference between games and sports. Games are played by groups of players and teams such as Football, Cricket, Hockey etc., . On the other hand, sports are played by players in their individual capacity such as races, jumps, athletics etc. Games and sports are a very cheap and popular source of recreation oneself. Recreation is an important requirements of human life. No one can afford to remain day and night earning money like a machine. Over work has adverse effect on human health. It has been well said;

“All work and no play makes jack a dull boy” such a man becomes aged soon. Human life become dull and boring. Such a man must get time to feel free and enjoy. If a man remains sitting at house he will go on thinking about his tired mind and body his problem and responsibilities. The best thing for him would be to out and play some games. It will refresh his tired mind and body, when a man is busy in playing some game or witnessing some matches he is lost in its excitement. He forgets painful thoughts for the time being and this is very useful for mental health.

“Sports is the preserver of health” Sports are also useful for physical health. It is said that human body is just like a machine. If a machine remains out of action for a long time it becomes rusted, therefore, kind of physical exertion is essential for keeping human body fit and smart. That is why players look move young and energetic than the other people. They can face the attack of disease bravely. The need of physical exercise has become very great in the modern age. Science has made our lives very comfortable lethargic. Therefore, we must play some game to keep ourselves physically fit and healthy. “The first wealth is health”

According to Joe Philips Sports is the greatest physical poetry.

Sports and games play an important part in the development of human personality. They produce the qualities of leadership and self- confidence in young man. They learn practical wisdom and such values of life which cannot be least from books and classroom lectures. Every game is played according to certain rules .No player can be careless or selfish. Therefore games provides us training in discipline, regularity punctuality and co-operation. A player also learns

patience and the quality of tolerance. He develop sports man's spirit and becomes large hearted and broad minded. "Sports do not build character, they reveal it "Sports and games are an integral part of education. Education without sports in incomplete. Keeping their values in life. Children are taught some sports of games in the very early stage in school. These days sports are part of academic curriculum "Success is where preparation and opportunity meet" these are two major types of sports and games. Outdoor and indoor. Outdoor sports such as Football, Cricket, hockey, tennis, baseball, basketball, and volleyball are all over the world popular. Indoor games such as chess, wrestling, badminton, table tennis, squash are also renounced and have a significant participant and fan base.

George will appreciates the sports in these words; **"Sports serve society**

**By providing vivid Examples excellence"**

Games are no longer a matter of private interest of young man. They are encouraged and patronized by the government. Games and sports have assumed international importance. Every year competitions in different games are held in different part of the world, such as Olympics world games, Asian Games and teams of different countries. Take part in there international competitions. They complete with one another and earn fame and honour for themselves and their countries. That is why a good player is a good ambassador of his country, because they help in promoting the feelings of friendship and co-operation in the world.

To conclude, sports and games have a great value in life. They certainly benefits both mind and body. They create cheerfulness, discipline, fellowship, confidence, and physical fitness. It is therefore necessary that out on effective sports policy and students should encouraged more and more to take part in sports and games at all level.

**"Athletes get emotional  
Over sports all the time  
Because its not just a  
Game, its life."**

**S.Sujitha,  
B.P.ed I Year.**



## The Secret Of Work

Swami Vivekananda

Today I would like to present you **The Secret of work by Swami Vivekananda**. A versatile genius of India, Swami Vivekananda was born in Kolkata on **12th January 1863**. His original name was **NarendranathDutt**. He was very eager to see God face to face.

In 1881 he became a disciple of **Ramakrishna Paramahansa** and received enlightenment. He was named Swami Vivekananda when he became a monk. He was India's representative at the parliament of world religions in Chicago in 1893. His call to the nation was, Arise, awake, and stops not till the goal is reached.

The complete works of Swami Vivekananda, He explains the nature of works, the things that guide the conduct of human beings, and the direct methods of curing the miseries of the world. He also urge us to think that can we happy while working? ,can we work as a master or as a slave? Do you believe that by selfless work? Etc. he also speaks about thee kinds of help, physical help, intellectual help, and spiritual help. The miseries of the world cannot be cured by physical help only until man's nature changes, because the physical needs are endless. The only solution is to make mankind pure by providing intellectual help and spiritual help. So let the men be pure and spiritually strong and educated. Then only the miseries in the world will be stopped. The greatest help that can be given is spritual help because the spritual knowledge only can give permanent satisfaction to the human. Next one is intellectual help because it is useful for the person to remove ignorance from their life. According to the author ignorance is the root cause of evil as well as all the miseries in the world.

By this way "The Secret of Work" explains the importance of spiritual and intellectual help.

JOHN BENEDICT A  
Bsc third year  
Physical education

## **INDIVIDUAL ACHIVERS**

**Represented India Team in Bangabandu International Dueball series 2023 won Sliver Medal held at Dhaka,Bangadesh**



**S.THIRUNAVUKARSU,  
B.PED SECOND YEAR**



**Represented Tamilnadu Girls team in 56th senior National kho-kho championship 2023-2024 at Delhi**



**PRIYADHARSINI,  
B.PED FIRST YEAR**

**TAMILNADU TEAM PARTICIPATED IN RUGBY TEAM**



**I.JENITH  
BSC PHYSICAL EDUCATION ,SECOND YEAR**

- **ALL INDIA PARTICIPATED –ATHLECTICS CROSS COUNTRY HELD AT MANGALORE**
- **ALL INDIA PARTICIPATED HELD AT PRESIDENCY UNIVERSITY BENGALURU**



**PONMALAR**

**BSC PHYSICAL EDUCATION ,THIRD YEAR**



# A.P.J. Abdul Kalam

## Former President of India



A.P.J. Abdul Kalam, in full Avul Pakir Jainulabdeen Abdul Kalama, (born October 15, 1931, Rameswaram, India-died July 27, 2015, Shelling), Indian scientist and politician who played a leading role in the development of India's missile and nuclear weapons programs. He was president of India from 2002 to 2007.

Kalam earned a degree in aeronautical engineering from the Madras Institute of Technology and in 1958 joined the Defence Research and Development Organization (DRDO). In 1969 he moved to the Indian Space Research Organisation, where he was project director of the SLV-3, the first satellite launch vehicle that was both designed and produced in India. Rejoining DRDO in 1982, Kalam planned the program that produced a number of successful missiles, which helped earn him the nickname "Missile Man". Among those successes was Agni, India's first intermediate-range ballistic missile, which incorporated aspects of the SLV-3 and was launched in 1989. From 1992 to 1997 Kalam was scientific adviser to the Defence Minister, and he later served as principal scientific adviser (1999-2001) to the government with the rank of cabinet minister. His prominent role in the country's 1998 nuclear weapons test solidified India as a nuclear power and established Kalam as a national hero, although the test caused great concern in the international community. In 1998 Kalam put forward a nationwide plan called Technology Vision 2020, which he described as a road map for transforming India from a less developed to a developed society in 20 years.

In 2002 India's ruling National Democratic Alliance (NDA) put forward Kalam to succeed outgoing President K. R. Narayanan. Kalam was nominated by the Hindu nationalist (Hindutva) NDA even though he was Muslim, and his stature and popular appeal were such that even the main opposition party, the Indian National Congress, also proposed his candidacy. Kalam easily won the election and was sworn in as India's 11th president, a largely ceremonial post, in July 2002. He left office at the end of his term in 2007 and was succeeded by Pratibha Patil, the country's first woman president. Upon returning to civilian life, Kalam remained committed to using science and technology to transform India into a developed country and served as a lecturer at several universities. On July 27, 2015, he collapsed while delivering a lecture at the Indian Institute of Management Shillong and was pronounced dead from cardiac arrest soon afterward. Kalam wrote several books, including an autobiography, *Wings of Fire* (1999). Among his numerous awards were two of the country's highest honours, the Padma Vibhushan (1990) and the Bharat Ratna (1997).

## Raja RajaChola



Born : 1947

Raja Raja Chola was born as ArulmozhiThevar in 947 in Tirukoilur, as the third child of ParantakaSundaraChola and VanananMahaDevi.RajaRajaChola I was one of the greatest monarchs in Tamil history. He rose to prominence by bringing glory to the Chola Empire and building it as a powerful and strong kingdom. Most importantly, he played a major role in establishing a just administrative system and permitted autonomy to his local princes and lords. Besides wars and conquests, he is also remembered for building one of the finest and most magnificent architectural monuments in South Indian history. The Brihadeeswarar Temple at Thanjavur, also known as Rajarajeswaram or 'Big Temple', is famous for its delicate sculptures and supreme craftsmanship.

He was successful in most of his conquests within 14 years of his reign, bringing the Pandyas, Bellary, Eastern Mysore, Tadigaipadi, Vengi, and Coorg under his possession.

He is known to have at least three daughters – Kundavai who was married to Chalukya Prince Vimaladithan, Mathevalzagal and Chandramalli.

He was known by various names – Raja KesariVarman Raja RajaDevar, Peruvudaiyar, and Raja Raja the Great

As per records and inscriptions, he is said to have at least 15 wives, apart from Vaanathi or ThiripuvanaMadeviyar, Princess of Kodumbaalur, who bore him his only son Rajendra I, his successor.

He ascended the throne in 985 following the death of Madhuranthaga (UttamaChola), with which started the Second Golden Age of Tamilnadu.

## BSC PHYSICAL EDUCATION ,THIRD YEAR



1. What is the only word in English language that ends in 'mt'?
2. Which five letter word has six left after you take two letters away?
3. What five letter word becomes shorter when you add two letters to it?
4. What word begins and ends with an 'e' but only has one letter?
5. What occurs twice in a week, once in a year but never in a day?
6. What begins with T, finishes with T and has T in it?



### Answers

1. Dreamt
2. Sixty
3. Short
4. Envelope
5. The letter 'E'



## 6. A teapot

PRADEEP.K

**BSC PHYSICAL EDUCATION ,THIRD YEAR**

### THE PALADIN OF MINE

The paladin of mine is my “dad”

He always deliver me lots of glad;

He grabs me before i plummet,

It shows his love has no limit;

My heart just fills with pride,

I know you’re by my side;

I feel shelter when you’re with me,

Coz, you’re as smart as smart can be;

He holds me when I weep

Our relationship should always be deep

You make my life better



MONIKA

**BSC PHYSICAL EDUCATION -SECOND YEAR**



## MOTIVATION

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We all know the power of motivation. When we are motivated, we experience such a powerful self that no dream is too big for us.

**"Set your dreams, Ride on motivation and Get your dreams"**

### **Contents:**

Don't wait for Perfection, Start Now!

Your Determination Determines your Destiny

Problem => Form of Challenge => Opportunity to Grow

Everyone has Talent but not Everyone use it

Take the First Step toward Your Dream

Keep Yourself Motivated

Don't wait for Perfection, Start Now!

When we have dreams, we have a passion. When we have a passion, we want to do it with perfection. Often, when we have some goals, we want to start it with a blast. We want to become an overnight star. We want to achieve best as soon as possible.

Your Determination Determines your Destiny

What is your dream life? What kind of destiny you want to create for yourself? At one point, we have a clue what it could be. However, it keeps changing with the time. We tend to have another dream or goals just because the earlier one seems impossible to achieve.



## Problem => Form of Challenge => Opportunity to Grow

“My life is full of problems. When I resolve one thing, I found myself in another difficulty. Ohh God!! Why it’s always me?” This is how we keep saying about obstacles in life. We grow up playing around favourable and unfavourable conditions in life. Unless everything is going as per.

## Everyone has Talent but not Everyone use it

In this world, people belong to three categories: Who has talent – (Everyone has) Who knows they have talent. – (Some of us knows) Who actually use their talent – (Only a few qualify here) When we are young and finishing our education, we knows what makes us alive. We.

## Take the First Step toward Your Dream

When we realize our dreams, life asks us to do something about it. Then, it is essential to take the first step toward your dream journey. However, the hardest part of journey is this first step. What is the first step for you? Let me clear one thing. The first.

## Keep Yourself Motivated

We all know the power of motivation. When we are motivated, we experience such a powerful self that no dream is too big for us. Do you remember when you heard an inspiring story and instantly felt full of motivation? At that time, you must have a desire to do.



**S.Thirunavukarsu**  
**B.p.ed second year**

## DO YOU KNOW

- ❖ The original name of Butterfly is Flutterby
- ❖ Buffalo buffaloBuffalobuffalobuffalobuffaloBuffalobuffalo” is a grammatically correct sentence
- ❖ Swims will be swims even when turned Upride down.
- ❖ Month, orange, silver and purple do not rhyme with any other word”
- ❖ The word “rhythr” is the longest word without a vowel
- ❖ The word “queue” in English is the only word whose pronunciation remains same even if we remove the lortfowe letters of the wrod.
- ❖ English is the language of the Air
- ❖ Who is the English is easy?

**YASWAR**  
**BSC PHYSICAL EDUCATION ,THIRD YEAR**

## விளையாட்டேவாழ்க்கை

தனிமையில் இருக்கும்பொழுதுதான்

புரிந்துகொண்டேன்..

மைதானத்திற்குச்சென்றால் மட்டும்தான்

மகிழ்ந்திருப்பேன் என்று...!

என்விளையாட்டைநான்

ரசிக்கத்தொடங்கினேன்..

அன்றுதான் தெரிந்துகொண்டேன்

என்வாழ்க்கையின்வழி

நீதான் என்று...!

மைதானம்பலஉண்டு..

அதில்காயங்கள் பலகண்டு

தோல்விஎன்னும்பயம் உண்டு..

அதில் வெற்றிஎன்னும்

படிஉண்டு...!

லியாண்டர். எம்,



இளங்கலைஉடற்கல்வியியல்இரண்டாமாண்டு

**கருவறைகாலங்கள்**

சுவாசம்இல்லாதஓருடல்கொண்டு

உன்உயிர்பாதிஎன்னுடல்என்று

வாய்இருந்தும்வாய்மொழிபேசாமல்

கால்கள்கொண்டுசைகைபேசி

கனவுகள்இருந்தும்நிஜங்கள்இல்லாமல்..

உன்கதையைக்கேட்டுஉலகம்அறிந்து..

பனிக்குடபடகில்நாளும்மிதந்து...

கொடியைக்கொண்டு

பசியைப்போக்கிச்சுமந்தவள்

மடியில்அமர்ந்திடஎண்ணி

இடைவெளிஇன்றிகாத்திருக்கிறேன்...

இடைவலிவந்துஎன்னைஈன்றெடுத்த

அம்மா...!!!

நிர்மலாதேவி.எம்,

முதுகலைஉடற்கல்வியியல்இரண்டாமாண்டு

எங்கேசென்றாய்?

கனவுகள்காண்கிறேன் - அந்த

கனவுநாயகன்எங்கே?

முந்தையதலைமுறைக்காக - உம்

மூன்றாம்தலைமுறைஅழுகிறது..

கண்ணீரைத்துடைக்க - உங்கள்

கைகள்எங்கே?

கம்பீரவிண்வெளிசீருடைஅணிந்தவரே

சீருடையைமட்டும்வைத்துவிட்டு

வல்லரசாகும்இந்தியாவைவிட்டுவிட்டு

எங்கேசென்றாய்?

அக்கினிச்சிறகைப்படைத்தவரே – அனைவர்

மனமும்எரிய -உம்

சிறகுகளைஉதிர்த்துஎங்கேசென்றாய்?

ஏவுகணைகள்பலவற்றைஏவியவரே – இன்று

ஏவுகணைகள்கேட்கிறது

என்னைப்படைத்தவர்எங்கே?..

கண்வழியேவந்துகன்னத்தில்

சிதறிவிழும்கண்ணீர்கேட்கிறது

கலாம்எங்கே?....

கனவுகள்காணுங்கள்என்றாய்.. – நாங்கள்

கனவுகள்கண்டோம் – அந்தக்கனவை

நனவாக்காமல்எங்கேசென்றாய்?..

எங்களுக்காகஉங்கள்இதயம்துடித்தது

இன்றுஎங்கள்இதயம்துடிக்கிறது..



எங்கேசென்றாய்?..

எங்கள்கலாமைகாலன்அழைத்தான்

அழிப்பதற்காகஅல்ல!

ஆயிரம்கலாம்களைஉருவாக்க!!

ராகவி.எம்,

முதுகலைஉடற்கல்வியியல்இரண்டாமாண்டு

## **Fitness and Good Health**

**Fitness! Fitness!**

Why with this are people concerned less

Don't they know? That good health can bless

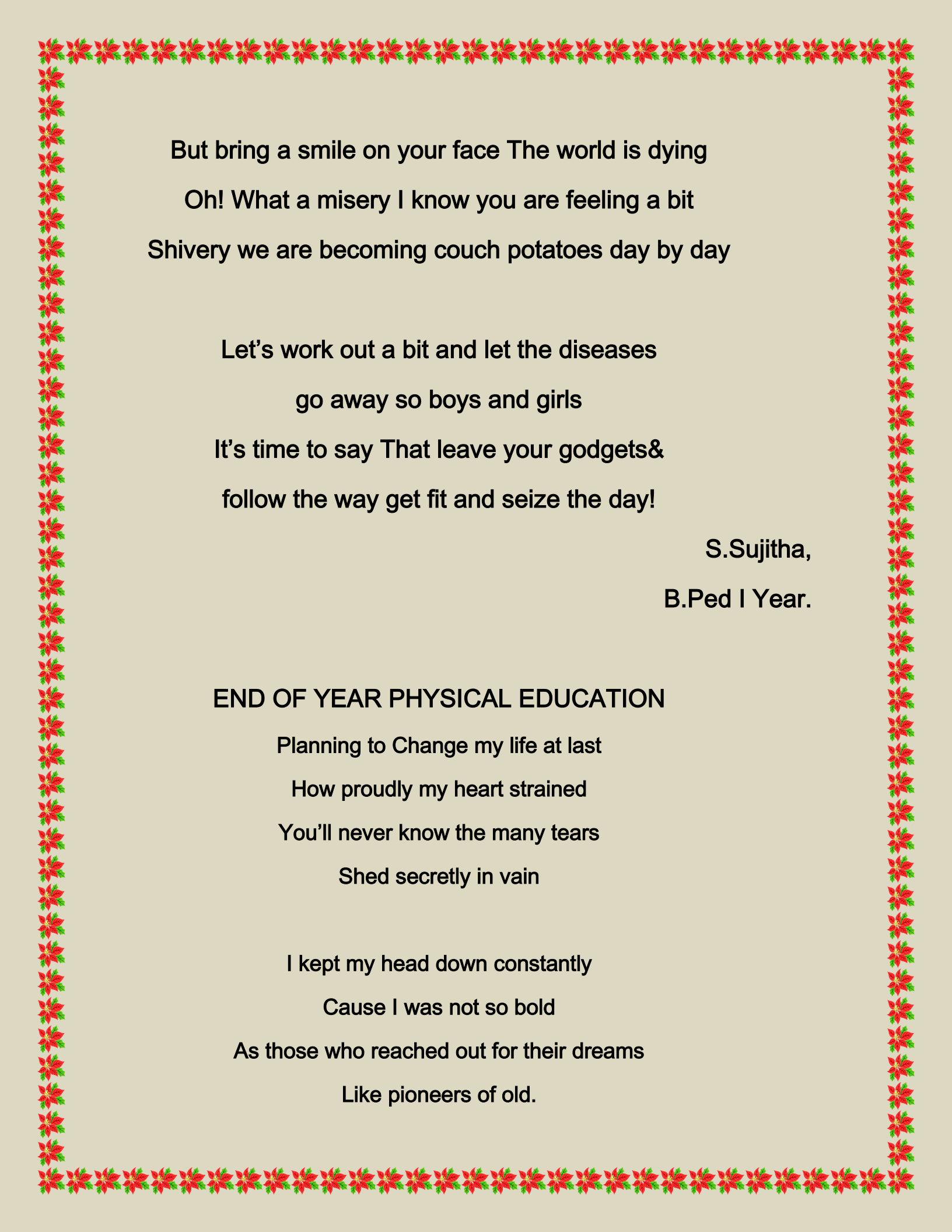
Everything in their life If you need better blood flow

Then eat healthy, exercise and grow Fitness!

**Fitness! To keep away sickness**

Think wise Do some exercise we all know that life is

race and full of turns and a lot of chase



But bring a smile on your face The world is dying  
Oh! What a misery I know you are feeling a bit  
Shivery we are becoming couch potatoes day by day

Let's work out a bit and let the diseases  
go away so boys and girls  
It's time to say That leave your gadgets &  
follow the way get fit and seize the day!

S.Sujitha,  
B.Ped I Year.

## END OF YEAR PHYSICAL EDUCATION

Planning to Change my life at last  
How proudly my heart strained  
You'll never know the many tears  
Shed secretly in vain

I kept my head down constantly  
Cause I was not so bold  
As those who reached out for their dreams  
Like pioneers of old.

As I watched my fire sputter like  
Cold ashes on the ground  
This painful truth lit up my mind  
I could not make a sound

Victory comes to those who move  
In times of do or die  
This homework was assigned to you  
You really ought to try

**SYED APSAL**

**BSC PHYSICAL EDUCATION ,THIRD YEAR**

**உடற்கல்வியியல்மாணவர்வாழ்க்கை**

கல்லூரியில் எங்களிடம் பேசிய

பெண்கள் சில பேர்!!!

எங்களால் பேசப்பட்ட பெண்கள் பலபேர்!!!

விளையாட்டு உபகரணங்களின் சப்தம்,

நாங்கள் இசைந்து கேட்கும் சங்கீதம்!!!

உடற்கல்வித்துறையும் நாங்களே...

விளையாட்டுத்துறையும் நாங்களே...



அழுக்கு அழகைக்கெடுக்கும் என்பார்கள்

எங்களுக்கு அழகே அழுக்குதான் !!!

மற்ற துறைமாணவர்களில்

எங்களைத்திருத்தவந்தவர்கள் எல்லோரும்

எங்களைப்பார்த்துத்திருந்தி விடுவார்கள் !!!

வகுப்புஅறையில் இருந்ததை விட

விளையாட்டு மைதானத்தில் இருந்த

நாட்களே அதிகம் !!!

நாங்கள்கொஞ்சம் வித்தியாசம் தான்...

கோவிலையும் சாமியையும் தொட்டுக்கும்பிடாமல்,

விளையாட்டு மைதானத்தையும்

விளையாட்டுஉபகரணங்களையும்

தொட்டுக்கும்பிடுவோம்..

விளையாட்டுசாமியே எங்களுக்குத்

துணை என்போம் ...

நாங்கள் கொஞ்சம் வித்தியாசம் தான்...

தேர்வுக்கு முன் இறைவனை

வேண்டிக்கொள்வோம் !!!

நான்மட்டும் தேர்ச்சி பெறவேண்டும்

என்பதற்காக அல்ல..

எங்கள் நண்பர்கள் அனைவரும்

தேர்ச்சிபெறவேண்டும் என்பதற்காக..

தேர்வில் வெற்றி பெற்றால்

மகிழ்ச்சி கொள்வோம்...

தோல்வியுற்றால் பயிற்சி எடுப்போம் ..

நாங்கள் கொஞ்சம் வித்தியாசம்தான் !!!

முடியும் என்று தெரிந்தால் முயற்சிஎடுப்போம்..

முடியாதென்றால்பயிற்சிஎடுப்போம்..

கற்றுக்கொடுக்கும் ஆசிரியர் சொல்கேட்போம்..

ஆனால் அவர்களுக்கு ஒன்றென்றால்

யார் சொல்லும் கேட்கமாட்டோம்...

மாணவர்கள் மீது அன்புகாட்டும்ஆசிரியர்கள்உண்டு..

ஆசிரியர்கள்மீது அன்பு காட்டும்மாணவர்கள்

இருக்கிறார்கள் என்றால்...

அதுவிளையாட்டுத்துறையில் மட்டும்தான்...

நாட்டைக்காக்கும்

இராணுவத்துறையிலும்

காவல்துறையிலும்

எங்கள்விளையாட்டுத்துறையைச்சார்ந்த

வீரர்களேஅதிகம்...

ஏனென்றால்...

நாட்டுப்பற்றுஎங்களுக்குக்கொஞ்சம்அதிகம்தான்...

எங்களுக்குஎதிரிகள்என்று

யாரும்இல்லை...

எதிர்த்தால்அவர்களுக்கு

எதிர்காலமும்இல்லை...

எங்களின்அடையாளம்டி-சர்ட்ஆடை

அதில்நிறைந்திருக்கும்வியர்வைவாடை...!!

எங்களுக்குமைதானத்தின்

மண்ணின்மீதுபாசம் !!!

எப்போதும்எங்கள்மீதுவீசும்

வியர்வைவாசம்... !!!

விளையாட்டுஇல்லாஉலகம்வெறுமைஎன்பதால்

விளையாட்டுத்துறைஎன்றுசொல்வதில்பெருமை !!!



“செல்போன்’ நாடவரு..

விளையாட்டுத்துறைன்னாபவரு !!!

சுஜிதா,

இளங்கலைஉடற்கல்வியியல்முதலாமாண்டு

கடிஜோக்ஸ்

- ❖ தானத்தில்சிறந்ததானம்எது? - மைதானம்
- ❖ அமெரிக்காவில்பிறந்தகுழந்தைக்குபல்லுஎன்னகலர்லஇருக்கும்?
  - குழந்தைக்குதாபல்லேஇருக்காதே..
- ❖ எல்லாபிரியாணிக்கும்டெஸ்ட்வச்சாஎந்தபிரியாணிபெயில்ஆகும்? - முட்டைபிரியாணி.
- ❖ கோழிஎன்முட்டைபோடுது? – ஏன்னாஅதால 1, 2, 3 போடமுடியாதே..
- ❖ எறும்புபெருசா? யானைபெருசா? - அதுலாம்சொல்லமுடியாதுசார், பிறந்ததேதிவேணும்.


இசையரசி

உடற்கல்வியியல்முதலாம்ஆண்டு

## PROVERBS AND THEIR MEANINGS

1. Two wrongs don't make right.

- It is never right to wrong someone, even if they have wronged you first.



2. Beauty is in the eye of the beholder.

- Everyone has their own ideas of what is beautiful.

3. Practice makes perfect

- If you want to be perfect at something, you need to practice every day.

4. Better late than never

- It's better if you do something later, than not do it at all.

5. Haste make Waste

- When you try to work too quickly, you usually make mistakes.

6. A picture speaks a thousand words.

- Picture conveys its meaning or essence more effectively than a description does.

**ALAGUMURUGAN.T**  
**B.sc. III year**

# GALAXY OF MEMORIES















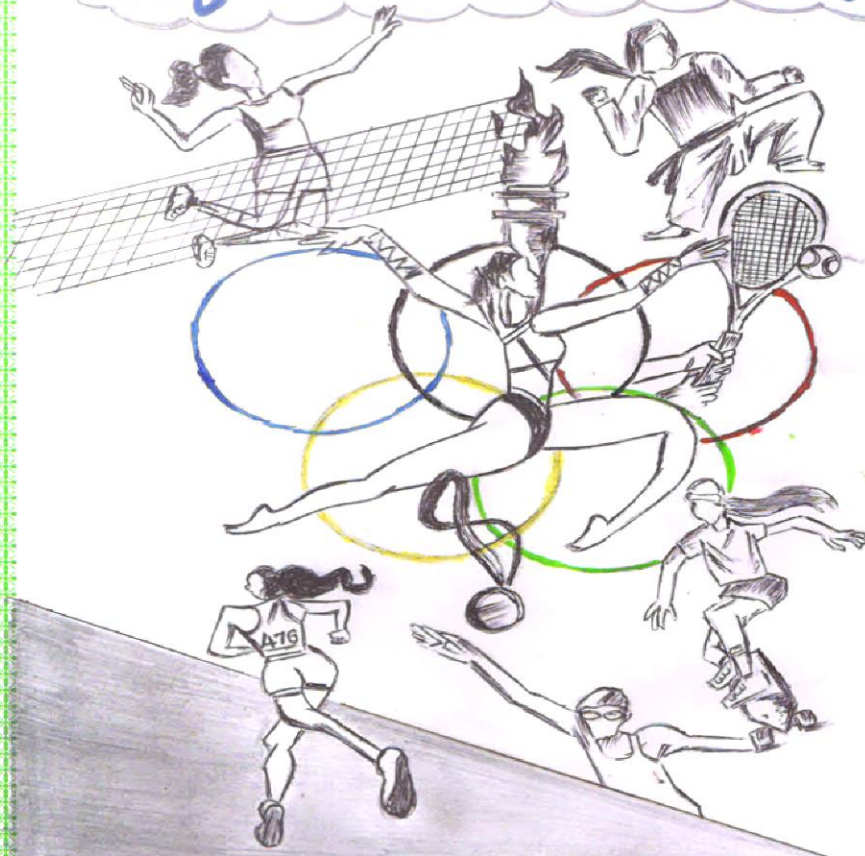




# Portrayal Art

Sheet No. ....

Together We are Every Possibility



SUBAMI

**DHANUSH**  
BSc physical education



BSc physical education

**V.THIRUPATHI**





**ELAMARAN M**

**BSc physical education**



**MANOJKUMAR**

**BSc physical education**

