



**Dr. R. PORTIA**  
Assistant Professor in Education

### Contact

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### Academic Qualifications

<b>Degree</b>	<b>Institution</b>	<b>Year</b>	<b>Branch</b>	<b>Class</b>
Ph.D	Manonmanium Sundaranar University, Tirunelveli.	2015	Education	Awarded
M.Phil	Bharathidasan University, Trichy	2007	Chemistry	I Class with Distinction
M.Sc	Bharathidasan University, Trichy	2000	Chemistry	I Class with Distinction
M.Ed	TNTEU, Chennai	2009	Education	I Class with Distinction
M.Sc	TNOU, Chennai.	2011	Psychology	I Class with

				Distinction
M.Sc	TNOU, Chennai	2013	Counselling & Psychotherapy) (Lateral Entry	I Class with Distinction
M.A	TNOU, Chennai	2014-2015 (Calendar year)	Sociology	I Class with Distinction
PGDPC	TNOU, Chennai	2012	Counselling and Psychotherapy	I Class with Distinction
PGDGY	TNOU, Chennai	2016	Gerontology	First Class
PGDHRM	Alagappa University, Karaikudi.	2021	Management	Distinction
B.Sc	Bharathidasan University, Trichy	1998	Chemistry	I Class with Distinction
NET	UGC, Delhi.	2012	Psychology	Qualified
NET	UGC, Delhi.	2011	Education	Qualified

### Teaching Experience : 19 Years

Position	Institution	Duration
Assistant Professor in Education ( <b>Stage III</b> )	Alagappa University College of Education, Karaikudi	04.03.2022 - Till Date
Assistant Professor in Education ( <b>Stage II</b> )	Alagappa University College of Education, Karaikudi	04.03.2017 - 03.03.2022
Assistant Professor in Education ( <b>Stage I</b> )	Alagappa University College of Education, Karaikudi	04.03.2013 - 04.03.2017
Assistant Professor in Education	Institute of Education, Trichy.	01.06.2011- 01.03.2013
Assistant Professor in Education	J.J. College of Education, Trichy	19.08.2009 – 31.05.2011
PG Assistant	Auxilium Girls. Hr. Sec School, Tanjore	Sept2006– April2007
Lecturer in Chemistry	Bon Secours College for Women, Tanjore	Jan2005- June2005
PG Assistant	Nav Bharath Matric Hr. Sec. School, Tanjore	Nov2001– Dec2004

### Research Experience : 13 Years

Position	Institution / University	Duration
Assistant Professor	Alagappa University, Karaikudi.	2013 - Till Date
Assistant Professor	J J College of Education, Trichy	2011- 2013

### Academic and Additional Responsibilities

S. No	Position	University Bodies	Period	
			From	To
1.	Deputy Warden	Science Campus Hostel	2023	Till date
2.	Deputy Co.Ordinator	Ek Bharat Shreshtha Bharat	2023	Till date
3.	Member	Scoring Committee for Alutes	2023	-
4.	Event Co ordinator	Cultural Competition -Alutes	2023	-
5.	Event Co ordinator	Cultural Competition -Alaguaram	2022	-
6.	Member	Examination Squard Committee	2013	Till date
7.	University Representative	Directorate of Distance Education Examination	2013	Till date
8.	Member	Constitution Day Celebration Committee	2019	2020

### Areas of Research

- Educational Psychology
- Guidance and Counselling
- Test Construction
- Stress Management and Mindfulness Based Interventions

### Patents Filed

- **Impact of online Learning on Educational aspects of Students.**

Indian Patent Application number: 202221043331 dated 28/07/2022 (Filing ) & 12/08/2022 (Published) .

**Applicants:** Licy Vurghese, Parnab Ghosh, R.Portia, T.Manichander, Pratibha Dagar, N. Kavitha, Pravesh Soti, & Devendra Kumar.

## Research Supervision/Guidance

Program of Study		Completed	Ongoing
Research	Ph.D	06	05
Project	PG	08	01

## Publications

International		National		Others
Journals	Conferences	Journals	Conferences	Books / Chapters / Monographs / Manuals
49	56	10	96	20

**Cumulative Impact Factor (as per JCR) :**  
**h-index (Google Scholar) :** 03  
**i10 index :** -  
**Total Citations :** 18

## Ph.D Thesis Evaluated / Viva Voce Examiner

**Thesis Evaluated :** 10  
**Viva voce Examiner :** 07

## Funded Research Projects

**Completed Projects:**

S.No	Agency	Period		Project Title	Budget (Rs. In lakhs)
		From	To		
1	GRI ,Gandhigram – PMMMNMTT- MHRD	2019	2020	Peer Bullying ,Victimization and Suicidal; Tendancy among First: year Students of Deprived Communities in Higher Education Institutions	3.15
2	Alagappa University Theme Based Project funded by RUSA PI -7	2018	2020	Effectiveness of Cognitive, Metacognitive and Neuro Cognitive Intervention Strategies in Enhancing Teaching Competency among Prospective Teachers	27.5
3	UGC	2016	2018	Compassion fatigue of teachers and Helpers in the Schools for Mentally Retarded Children in the South East Region of Tamilnadu : An Explorative cum Experimental Study	0.70
4	RMSA, Tamilnadu	Jan 2016	Dec 2016	5% sample check in Sivagangai and Vellore Districts.	0.90

**Distinctive Achievements / Awards****1. PGDGY (Post Graduate Diploma in Gerontology)**

- Holds the pride of **University (TNOU) FIRST Rank and GOLD MEDALIST.**

**2. PGDPC (Post Graduate Diploma in Psychological Counseling)**

- Holds the pride of **University (TNOU) FIRST Rank and GOLD MEDALIST.**

**3. M.Sc (Psychology)**

- Holds the pride of **University (TNOU) SECOND Rank.**

**4. M.Ed**

- Holds the pride of **District FIRST Rank.**
- Holds the pride of **College GOLD MEDALIST**

## 5. M.Sc (Chemistry)

- Holds the pride of **University (BDU) SECOND Rank.**
- Holds the pride of **College GOLD MEDALIST.**

**6. International Best Personality Award**, at Multi Disciplinary International Conference, held on 24<sup>th</sup> September, 2023, at IDM International University, Sharja.

## Event organized in leading roles

Number of Seminars / Conferences / Workshops / Events organized:

Position	Programme	Duration	Institution
Organising Secretary	A Two Day International Conference on “Innovations and Reforms in Higher Education” (ICIRHE-2022)	25 <sup>th</sup> and 26 <sup>th</sup> November 2022	Alagappa University College of Education.
Organising Secretary	International Webinar on “ Stem Education and Knowledge Integration”	15 <sup>th</sup> June 2020	Alagappa University College of Education.
Organising Secretary	National Conference on “Human Rights Education”	21 <sup>st</sup> & 22 <sup>nd</sup> September 2017	Alagappa University College of Education.
Organising Secretary	One Day Awareness Programme on “Catch the Life” (Awareness on FIRST AID & LIFE PROBLEMS)	22 <sup>nd</sup> January 2014	Alagappa University College of Education.

## Events Participated

Number of Conferences/Seminars/Workshops: 160

## Overseas Exposure/Visits

Singapore, Malaysia, Srilanka

## Membership

### Professional Bodies

1. Life Member: KAAS (Kanniyakumari Academy of Arts and Science, Kanniyakumari.)
2. Life Member: All India Association for educational Research, Bhuvaneshwar.
3. Life Member : Council of Teacher Education
4. Life Member : IARA

### Advisory Board

Year / Period	Name of the BoS / Administrative Committee / Academic Committee	Role
2022	Broad based Board of Studies for B.Ed	Member
2022	Board of Studies for Diploma in Cognitive Science	Member
2019	Board of Studies for B.Ed	Member
2015	Board of Studies for B.Ed	Member
2015- till date	Departmental Research Advisory Committee	Member

### Academic Bodies in Other Institutes / Universities

Year / Period	Name of the BoS / Administrative Committee / Academic Committee	Role
2024	Asian Journal of Education and Social Sciences	Reviewer
2022	International Journal of Educational Sciences	Reviewer
2019	International Journal - S N Social Sciences	Reviewer
2017	TNSET Question Paper setting Committee - Mother Theresa University- Education	Member
2017	B.Ed Entrance Examination Question paper scrutinising board in Bharathiyar University	Member

2014	Question Paper Setting Committee in Tamil University	Chairman
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### Ph.D. Thesis Guided

1. No. of PhD Thesis evaluated : 10
2. No. of PhD Public Viva Voce Examination conducted : 07

S.No	Name of the Scholar	Title of the Thesis	Year of Completion
1.	T. Bella Florence Reg . No. 1236	Identifying and reducing stress vulnerability of teachers by enhancing self care and self efficacy – an experimental cum phenomenological study	2023
2.	P. Elavarasu Reg.No. 1273	Developing and field testing the Effectiveness of Strategies in Promoting social emotional competence of Elementary Class Children	2022 (submitted)
3.	A. Motcha Alangaram Reg.No. 1514	Self directed learning disposition among higher secondary students in relation to academic self confidence, self regulation and self autonomy	2022
4.	A. Saravanan Reg.No. 1272	Restorative justice practices as an aid to minimize learner misconduct and maximize learner achievement: a field experimentation	2021
5.	S.Bhaskaran Reg.No. 1240	Examining the effectiveness of training in social-emotional competence on ego resiliency, self compassion and emotional wellbeing of student teachers	2020
6.	S.T.Aruna Thevi Reg.No. 1245	Promoting teachers perception of pro-social classroom by inculcating positive emotion disposition and self efficacy – an experimental study	2019

### Selected Publications:

S. No	Authors / Title of the paper / Journal	Impact Factor
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1.	P.Elavarasi, <b>Dr.R.Portia</b> , A.Fazila Begam , Motcha Alangaram , P.Elavarasu, Teacher Resilience and Burnout: Implications for Teacher Preparation Program,	-
2.	A.Fazila Begam and <b>Dr.R.Portia</b> , Assistant Professor in Education, Alagappa University College of Education, Mindfulness in Education: Benefits and Implementation Strategies , Remittances Review	-
3.	P.Elavarasi, <b>Dr.R.Portia</b> , A.Fazila Begam, Alagappa University College of Education, Influence of Resilience on Academic Stress of B.Ed Teacher Trainees, International Journal of Emerging Knowledge Studies	-
4.	<b>R.Portia</b> , Assistant Professor in Education, Alagappa University College of Education, Application Research of Multilayer Encryption Algorithm Based Data Protection in cloud computing, Gongye Jishu Yu Zhiye Jiaoyu	-
5.	<b>R. Portia</b> , A. Saravanan, T. Motcha Alangaram, T. Bella Florence, & P. Elavarasu, Alagappa University College of Education, Impact of Restorative Justice on High School Students in Psychological Perspectives, International Journal of Scientific & Technology Research	-
6.	<b>R. Portia</b> , A. .Motcha Alangaram, T. Bella Florence, Mr. A. Saravanan, P. Elavarasu, Teaching and Self-Directed Learning, International Journal of Psycho social Rehabilitation.	-

### Resource Persons in Various Capacities

National Conferences	:	11
International Conferences	:	10
Invited Lectures	:	25

