



DEPARTMENT OF WOMEN'S STUDIES

ALAGAPPA UNIVERSITY, KARAIKUDI

Accredited with A+ Grade by NAAC (CGPA: 3.64) in the Third Cycle and Graded as Category – I University by the MHRD-UGC



2017



Accredited with A+ Grade by NAAC (CGPA : 3.64)

2018



Graded as Category - I & Granted Autonomy

2018



Swachh Campus Rank : 4

2022



Rank : 28

2022



Aska Rank : 220

2022



World Ranking Bandwidth 501 – 600



ABOUT THE DEPARTMENT

The Department of Women Studies at the University was established in 1989. The Department is playing an interventionist role by initiating the gender perspective in many domains in the generation of knowledge in the field of policy and practice. The activities of the Department or Designed and channeled throw the following major trust areas like Teaching, Training, Research, Publication, Field Action, Documentation, Advocacy, Seminars/Workshops/Symposia /Networking Clustering and Monitoring. The Department has published a number of edited book articles Monograph research reports survey reports evaluation study reports and soon.

OFFERS VALUE-ADDED workshops COURSE On

Go Career Ready in Gender Studies



Summary of the content

Gain essential life skills and interpersonal excellence for personal and professional success in this gender studies course. Develop strong communication and problem-solving abilities while nurturing emotional intelligence and social connections.

Duration: 01.09.2022 to 29.09.2022

Objectives

1. To empower individuals with essential life skills and interpersonal excellence for personal and professional growth.
2. To enhance participants' communication and social graces, including body language, greetings, and personal grooming

Outcomes

1. Learners will acquire knowledge and tools to make impactful first impressions through improved body language, grooming, and etiquette.
2. Learners will demonstrate enhanced self-discipline, self-confidence, and critical thinking abilities for better problem-solving and personal growth.

Head of the Department

Prof. K. Manimekalai Professor and Head, Chairperson

Department of Women's Studies, Alagappa University, Karaikudi – 630 003, Tamil Nadu, India.

04565 - 224615, 223230

Value-added course

Course Code:CGS2	Go Career Ready in Gender Studies	Hours 6
objectives		
1.	To prepare the students to understand the career opportunities for women and men and go career ready.	
2.	To understand the fair distribution of unpaid and paid work among women and men and get introduced to the cooperate Etiquettes.	
3.	To explore the interpersonal skills and essential life skills to navigate in the digital and corporate world	
4.	To prepare the students to take up careers in the corporate sector and NGOs	
Module 1	Body Language: Social Graces – First Impression – Greetings and Introduction to Personal Hygiene & Sanitation- Personal Hygiene – Professional and Personal Image – Personal Grooming –Etiquettes: Dressing Etiquettes - Dress codes. Management –Procrastination – SWOT Analysis	
Module 2	Occasion -Telephone Etiquettes – Taking & Making Calls, Do's and Don'ts over telephones - Email Etiquettes– Sending effective Emails, Form and tone of messages, Replying to messages, Organizing different parts of the Email- Self-Discipline- Build Self Confidence and Self Esteem –Time	
Module 3	Problem-Solving Skills: Critical Thinking – Decision Making –Stress Management–Task Management – Conflict Management – Procrastination – Time Management	
Module 4	Interpersonal Skills: Emotional Intelligence Self Awareness, Self-Regulation, Empathy, Sympathy, Motivation-Social.	
Module 5	Psychology – Social Thinking, Social Influence, Social Behavior- Business Communication – Conversations that are engaging, , Giving and Receiving Compliments, Avoiding bad conversational habits, Courteousness and thoughtfulness at workplace, Apologizing, Appreciations	
Module 6	Essential Life Skills: Financial Planning – Cash Flow Management, Awareness on savings and investments- Social Responsibility –Health and Environment- Health and Nutrition – Awareness on General Health and Food Habits. Healthy eating & Healthy Living, Active lifestyle.	
Outcomes		
1. To equip individuals with essential life skills, effective communication, and interpersonal abilities.		
2. Students will develop a strong understanding of body language, personal grooming, and professional etiquette.		
3. They will gain valuable insights into time management, problem-solving, and stress management techniques.		
4. They emphasizes emotional intelligence, social awareness, and responsible behaviour towards health, environment, and financial planning.		
5. To equip well-rounded individuals capable of excelling in personal and professional spheres of life.		
Reference and Textbooks		
1	“Soft Skills – Enhancing Employability: Connecting Campus with Corporate” by MS Rao Conversationally Speaking – by Alan Garner	
2	Sheela Varghese, 2003, Employment of Women in the unorganized manufacturing sector, University Book House Private limited, Jaipur.	
3	Soundrapandian (ed), 2000, Women Entrepreneurship- Issues and Challenges, Ashish Publishing House New Delhi Related	
Related Online Contents		
1.	http://www.ilo.org/wcmsp5/groups/public/---edemp/empent/documents/publication/wcms_118096.pdf	
2.	http://www.unm.edu/~asalazar/Kauffman/Entrep_research/e_state.pdf	
3.	4https://www.entrepreneurindia.co/project-identification	
4.	http://shodhganga.inflibnet.ac.in/bitstream/10603/6775/12/12_chapter%201.pdf	
5.	http://www.navodayaengg.in/wp-content/uploads/2015/10/Lecture-50.pdf	