



DR.R.AANANDHI

ASSISTANT PROFESSOR CUM MEDICAL OFFICER

Address : Alagappa University College of Physical Education
Alagappa University Karaikudi – 630 003
Tamil Nadu, INDIA

EmployeeNumber : 41415

Contact Phone (Office) : +914565223561

Contact Phone (Mobile) : +919629650542

Contact e-mail(s) : aanandhir@alagappauniversity.ac.in

Website : www.alagappauniversity.com

Academic Qualifications

Degree	Institution	Year	Branch	Class
Fellowship in Diabetology	Indian Medical Association	2022	Diabetology	I
MBA in Hospital Management	Alagappa University	2021	Hospital Management	I

M.B.B.S (BACHLEOR OF MEDICINE & SURGERY)	Mahatma Gandhi Medical College & Research Institute, Pondicherry University	2008	MEDICINE& SURGERY	
---	--	------	----------------------	--

Teaching Experience

Total Teaching Experience : 11 Years

Position	Institution	Duration
Assistant Professor cum Medical Officer	Alagappa University	09.07.2012- TILL DATE

Academic and Additional Responsibilities

S.No	Position	UniversityBodies	Period	
			From	To
1.	Committee Member (Clinician)	Reconstituted Institutional Ethics Committee of Alagappa University	2016	Till date
2.	Member	Alagappa Institute of Skill Development- Man Power Assessment, Alagappa University	2022	-
3.	Member	Anti drug control Committee,AlagappaUniversity	2021	Till date
4.	Biosafety Officer	Institutional Biosafety Committee(IBSC) , Alagappa University-	2020	Till Date
5.	Co-Ordinator and Nodal Officer	University Nodal officer Covid-19 of AlagappaUniveristy	2020	Till date

6.	Member	Yoga Centre Physical Fitness Assessment	2019	Till date
7.	Member	Selection Committee of Aucpe Courses	2018	Till date
8.	In-charge	Elocution contest on health & hygiene is real wealth (SwachhtaPakhwada)	1.9.2017	15.09.2017
9.	Committee Member	Member in Green Award 2017 Proposal	2017	-
10.	Co-ordinator	Sanitary Awareness	2017	-
11.	Member	Multi modal material production for differentially abled centre	2016	Till date

Publications

International		National		Others
Journals	Conferences	Journals	Conferences	Books/Chapters/Monographs/Manuals
5	10	7	15

Cumulative Impact Factor(as per JCR) :
h-index : 3
i10 index :
Total Citations : 11

Distinctive Achievements / Awards

1. Award for Contribution towards Community Engagement of event – Gandhi Jayanthi Celebration-2023
2. Covid Warrior Award- 2021-2022

Events organized in leading roles

Number of Seminars /Conferences /Workshops/ Events organized: 29

Position	Programme	Duration	Institution
Organising Secretary	115 th Founders Day Free Medical Camp	05.04.2024	Health Care Centre
Organising Secretary	114 th Founders Day Free Blood Test and Medical Camp	01.04.2023- 05.04.2023	Health Care Centre
Organising Secretary	Blood Donation Camps	20.02.2023 01.04.2022, 14.09.2022	Dept of Commerce, ALU
Organising Secretary	Covid Vaccination Camps - 10 camps	26.07.2022 01.04.2022 25.11.2021 02.09.2021 29.08.2021 28.05.2021 30.04.2021 21.03.2021 18.02.2021	Alagappa University
Organising Secretary	Distribution of free Vitamin C and Zinc tablets for University Outsource and Security during Covid-	28.07.2020	Convocation Seminar Hall, ALU- Donated by SivagangaiGovt Medical College
Organising Secretary	Three Days Eye Camp with KoviloorAndavar Eye Hospital, Karaikudi-	25.02.2020- 27.02.2020	Health Care Centre, Science Campus, Dept of Arts
Organising Secretary	Awareness Programme on Corona Virus- by the District collectorate and Department of Public Health, Sivagangai	18.02.2020	Convocation Hall, ALU

Organising Secretary	Indian Dental Association- Community Dental Health Program- Cancer Awareness and its Prevention	05.03.2019	LCTL PalaniappaChettiyar Auditorium
Organising Secretary	Orientation Programme on Emotional Challenges on Mental Health and Hygiene	28.11.2018	Convocation Seminar Hall, ALU
Organising Secretary	Orientation Programme on Mental Health Challenges and Adolescent Behavioural Problems	10.9.2018	Convocation Seminar Hall, ALU
Organising Secretary	National Deworming Day- every year	23.8.2018, 25.8.2019	Alagappa University
Organising Secretary	Certificate course on Emergency Medicine Sports Injury management &Rehabilitation	22.03.2018- 5.04.2018	AUCPE, ALU
Organising Secretary	Swachh Bharat & NSS Common Problems in Adolescent Girls	23.3.2018	Science Campus, ALU
Organising Secretary	Swachh Bharat Swasthbharath Health and Hygiene For Girls students	13.3.2018	Convocation Seminar hall- ALU
Organising Secretary	Short term course on First Aid & BLS with Hands on training-	1.3.2017-10.3.2017	Alagappa University College of Education

Organising Secretary	Awareness Program on First Aid & Basic Life Support	10 .02.2017	Convocation Hall, Alagappa University
Organising Secretary	Health Awareness Programme for women students	4.11. 2016	Alagappa University
Organising Secretary	Free Medical camp for Public	4.12.2016	Health Care centre

Events Participated

Number of Conferences/Seminars/Workshops:

1. Conferences -15
2. Seminars – 18
3. Workshop – 13

Membership

Professional Bodies

1. Life Member of Indian Medical Association- TN/25486/6/203/218372/2016-17/CL
2. Life Member of IMA College of General Practitioners- TN-1794/LM-22768/Chennai
3. Life Member in RSSDI- Research of Society for the study of Diabetes in India
4. Life Member of DK International Research Foundation- MDKIRF-065

Advisory Board

Year/Period	Name of the BoS/Administrative Committee / Academic Committee	Role
2023	Member in Board of Studies in M.Sc Nutrition and Dietetics, Alagappa University	Member
2022	Member of Board of studies in AUCPE	Member

2022	Member in Board of Studies in Biomedical Science, Alagappa University	Member
2022	Member in Board of Studies in B.Sc Microbiology and Clinical Lab Technology, Alagappa University	
2019-2020	Member in Board of Studies in Department of BioMedical Science	Member
2019-2020	Member in Board of Studies in Directorate of Distance Education –MBA, Alagappa University	Member
2018	Member of Board of studies in AUCPE	Member

List of Research Articles / Recent Publications

S. No	Authors/Titleofthepaper/Journal	Impact Factor
1.	R.Aanandhi/ Implementing ACL injury Prevention in Daily Sports Practice/ International Journal of Creative Research Thoughts IJCRT ISSN:2320-2882	7.97
2.	R.Aanandhi /M Maniazaghu BRAIN GYM EXERCISE FOR CHILDREN / PESY- QUARTERLY INTERNATIONAL JOURNAL OF PHYSICAL EDUCATION SPORTSMANAGEMENT AND YOGIC SCIENCES/ ISSN ONLINE 2278-795X PRINT 2231-1394VOL 12 NO3 JULY- SEP 2022	7.551
3.	R.Aanandhi /M Maniazaghu Intergrative neuromuscular training forchildren health fitness/ PESY- QUARTERLY INTERNATIONALJOURNAL OF PHYSICAL EDUCATIONSPTS MANAGEMENT AND YOGIC SCIENCESISSN ONLINE 2278-795X PRINT 2231-1394VOL 12 NO2 APR-JUNE 2022	7.551
4.	R.Aanandhi ISOLATED COMBINED EFFECT OF YOGIC PRACTICES CONSTANT TRAININGSPEED PLAY ON SELECTED MOTOR FITNESS PHYSIOLOGICALBIOCHEMICAL VARIABLE AMONG MALE ATHLETES International Journal of Yogic, Human Movement and Sports Sciences ISSN:2456-4419Yoga 2019; 4(2): 207-209	5.8

5.	R.Aanandhi / Impact on Covid – 19 Pandemic on Higher Education in India International Multidisciplinary Quarterly Research Journal AJANTA ISSN 2277 – 5730 Vol IX – Issue IV Oct – Dec 2020	
----	---	--

Resource persons in various capacities

Special Lectures delivered: 47